

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 3414
TO BE ANSWERED ON 4TH AUGUST, 2017**

MENTAL ILLNESS

3414. SHRI E.T. MOHAMMED BASHEER:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it has come to the notice of the Government that mental illness is increasing in big way in India;
- (b) whether there is lack of healthcare professionals and counselling centers, if so, the details thereof; and
- (c) the details of corrective steps taken in this regard?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)**

(a): As per the National Mental Health Survey conducted by the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.

(b): The estimated requirement and availability of mental health professionals in the country is as under:

Manpower	Requirement	Availability
Psychiatrist	13500	3827*
Clinical Psychologists	20250	898
Psychiatric Social Workers	37000	850
Psychiatric Nurses	3000	1500

* as on 1.1.2015

As per available data, there are 145 counseling centers in the country.

(c): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. The Government is supporting implementation of the DMHP under NMHP IN 444 districts of the country for detection, management and treatment of mental disorders/illness. With the objective to address the acute shortage of qualified mental health professionals in the country, the Government, under the National Mental Health Programme (NMHP), is implementing manpower development schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 21 Centres of Excellence and strengthening/ establishment of 44 Post Graduate (PG) Departments in mental health specialties in the country. During the 12th Five Year Plan the DMHP has been restructured to include additional components like suicide prevention services, work place stress management, life skills training and counseling in schools and colleges. Support is also provided for Central/ State Mental Health Authorities, Research and Training and for Information, Education and Communication (IEC) activities.