

GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY

**LOK SABHA**  
**UNSTARRED QUESTION NO. 2302**  
**TO BE ANSWERED ON 31.07.2017**

**Education on Yoga and Naturopathy**

**2302.** SHRIMATI V. SATHYA BAMA:  
SHRI DUSHYANT CHAUTALA:  
SHRI KODIKUNNIL SURESH:  
SHRI B. SRIRAMULU:  
SHRI RAJESH VERMA:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government proposes to make yoga a compulsory subject in all the schools including schools under the Central Board of Secondary Education (CBSE) and if so, the details thereof;

(b) whether the Government proposes to appoint certified yoga trainers and doctors of Naturopathy in all the Government schools at all levels to promote Yoga and Naturopathy and if so, the details thereof;

(c) whether the Government has sanctioned any funds for promoting Yoga Courses in the country and if so, the details thereof along with the details of utilization of funds, State/UT-wise; and

(d) whether the Government is planning to establish more number of Yoga Universities in the country and if so, the details thereof ?

**ANSWER**

**MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE  
DEVELOPMENT**

**(SHRI UPENDRA KUSHWAHA)**

(a) As per the National Curriculum Framework (NCF) 2005, Yoga is an integral part of Health and Physical Education at all level of school education. For schools affiliated to Central Board of Secondary Education (CBSE), which has adopted National Council of Educational Research and Training (NCERT) curriculum and syllabi, Health and Physical Education is compulsory for Classes I to X and optional at classes XI and XII.

(b) Education being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, appointment of yoga trainers and doctors of Naturopathy is the responsibility of the concerned State/Union Territory (UT) Government.

(c) Ministry of AYUSH has informed that the Morarji Desai National Institute of Yoga (MDNIY), an autonomous institute under that Ministry, has utilized a sum of Rs. 4.00 crore for the conduct of programmes/Yoga courses during the year 2016-17. The details of the programmes/Yoga courses run by MDNIY are as under:

<b>Sl. No.</b>	<b>Course /Programme</b>	<b>Duration</b>
1.	B.Sc. (Yoga Science)	3 years
2.	Diploma in Yoga Science for graduates	One year
3.	Certificate Course in Yoga Science for Special Interest Groups	4 months
4.	Foundation Course in Yoga Science for Wellness (FCYScW)	1month
5.	Certificate in Yogasana for Health Promotion	3 months
6.	Certificate in Pranayamaand Meditation for Health Promotion	3 months
7.	Advance Yoga Sadhana	6 months
8.	Health Promotion Programme (HPP)	1month
9.	Yoga Therapy Programmes	1month
10.	Individual Special Yoga Therapy sessions	45 minutes to 1 hour.
11.	Saturday Yoga Training Programme	Only on Saturday
12.	Yoga Workshop for Children (YWC)	1 month (May to June)
13.	Yoga Fest & others Promotion activates	Feb. & March.
14.	Preventive Health Care Units	Continuous activity
15.	Yoga Therapy Centre etc.	Continuous activity
16.	Yoga Training Programmes are being conducted at the 4 SAI stadia	Continuous activity

The University Grant Commission (UGC) has granted Rs. 10 crore each to the following six identified Central Universities to start Yoga Departments:

1. Hemwati Nandan Bahuguna Garhwal University, Uttarakhand;
2. Visva Bharti Shantiniketan, West Bengal;
3. Central University of Rajasthan;

4. Central University of Kerala;
5. Indira Gandhi National Tribal University, Madhya Pradesh; and
6. Manipur University.

(d) There is no proposal to establish more number of Yoga Universities in the country at present.

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