

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 2264
TO BE ANSWERED ON 28TH JULY, 2017**

MOTHER AND CHILD CARE

2264. SHRI E.T. MOHAMMED BASHEER:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the Government has released a booklet titled 'Mother and Child Care' on pregnant ladies;
- (b) if so, the details and purpose thereof; and
- (c) whether the content of the booklet is having the backing of any authentic findings and if so, the details thereof?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a) to (c): Yes. The booklet contains general guidelines based on the principles and concepts of Yoga & Naturopathy, for pregnant women. Guidelines relevant to the different phases of pregnancy have been made available in a simple format. The information provided includes diet plans based on clinical experience, simple naturopathy treatments and tips for remaining stress-free during pregnancy. The content of the booklet has the backing of accepted principles of Yoga & Naturopathy.

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