

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2240
TO BE ANSWERED ON 28TH JULY, 2017**

ANAEMIA AMONG YOUTH

2240. SHRI R. DHRUVA NARAYANA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether a high percentage of youth in the country are anaemic;
- (b) if so, the details of the facts reported therein State/UT-wise;
- (c) whether the Government has taken any effective steps to bring down iron deficiency among the young population in the country; and
- (d) if so, the details thereof ?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI FAGGAN SINGH KULASTE)**

(a) & (b): According to National Family Health Survey -3 (NFHS-3) data, the prevalence of anaemia amongst adolescents aged 15-19 years among girls is 55.8% and among boys is 30.2%. The State-wise details are at annexure.

(c) & (d): The Ministry of Health and Family Welfare, Government of India under National Health Mission in collaboration with Ministry of Women and Child and Ministry of Human Resource Development is implementing Weekly Iron and Folic Acid Supplementation (WIFS) across the country, with the objective of reducing the prevalence and severity of nutritional anaemia in adolescents.

The Target beneficiaries of the programme are:

Adolescent girls and boys enrolled in government/government aided/municipal schools from 6th to 12th classes and Adolescent Girls (10-19 years) who are not in school.

The strategy includes:

- a. Administration of Weekly Iron and Folic Acid Supplementation (WIFS) - Each IFA tablet containing 100mg elemental iron and 500µg folic acid for 52 weeks in a year.
- b. Screening of target groups - for moderate/severe anaemia and referring these cases to an appropriate health facility.
- c. Biannual de-worming (Albendazole 400mg) - six months apart, for control of worm infestation.
- d. Information and counselling - for improving dietary intake and for taking actions for prevention of intestinal worm infestation.

Anaemia Data

SN	State	Anaemia in % of girls aged 15-19yrs (Hb <12.0 g/dl)	Anaemia % of boys aged 15-19yrs (Hb <13.0 g/dl)
	India	55.8	30.2
1	Andhra Pradesh	68.3	29.2
2	Arunachal Pradesh	51.2	33.4
3	Assam	67.8	40
4	Bihar	66.4	40.4
5	Chhattisgarh	58.7	34.6
6	Delhi	49.7	18
7	Goa	39.1	11.9
8	Gujarat	57.4	28.3
9	Haryana	57.7	26
10	Himachal Pradesh	42.7	31.6
11	Jammu & Kashmir	53.4	28.5
12	Jharkhand	67.2	41.3
13	Karnataka	51.3	26.9
14	Kerala	34.7	12
15	Madhya Pradesh	52.1	33.4
16	Maharashtra	51.7	23.8
17	Manipur	30.4	11.2
18	Meghalaya	46.5	41.9
19	Mizoram	39.4	24.4
20	Orissa	61.4	36.1
21	Punjab	41.4	21.5
22	Rajasthan	53.9	33
23	Sikkim	64.1	34.8
24	Tamil Nadu	49.7	25.7
25	Tripura	59.8	37
26	Uttar Pradesh	48.6	27.2
27	Uttarakhand	59.3	33.3
28	West Bengal	62	40.1
Source	NFHS-3		