

GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA
UNSTARRED QUESTION No.1273
TO BE ANSWERED ON 24.07.2017

Yoga Education

†1273. **SHRI NAGAR RODMAL:**

SHRI JANARDAN MISHRA:

SHRI OM PRAKASH YADAV:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the Government proposes to sign an agreement with the Ministry to make yoga compulsory in education;
- (b) if so, the time by which this process is likely to be implemented and if not, the reasons therefor; and
- (c) the number of colleges in the country including Bihar and Madhya Pradesh where yoga is likely to be introduced, State/UT-wise?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(Dr. MAHENDRA NATH PANDEY)

(a) & (b): As per the National Curriculum Framework (NCF)-2005, Yoga is an integral part of Health and Physical Education at all level of school education. Education, being a subject in the Concurrent List of the Constitution, and the majority of schools being under the jurisdiction of the State Governments, it is for the respective State/ Union Territory Governments to introduce this subject in their schools. For the schools affiliated to Central Board of Secondary Education (CBSE), Health and Physical Education is compulsory for Classes I to X and optional at classes XI and XII.

Further, so far as higher education is concerned, the Central Government had appointed a committee, under the chairpersonship of Prof. H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru (S-VYASA) for making recommendations on Yoga Education in Universities. The Committee had prescribed curriculum for Yoga courses in its recommendations. As a follow up to the recommendations of the committee, the Central Government had asked the University

Grants Commission (UGC) to promote five Yoga courses in Universities and Colleges. Course and Course Code-wise duration of Yoga courses is as follows:

S.No.	Course	Course Code	Duration
1.	Bachelors of Science (Yoga)	B.Sc.(Yoga)	3 years to 6 years
2.	Masters of Science (Yoga)	M.Sc. (Yoga)	2 years to 4 years
3.	Doctor of Philosophy (Yoga)	PhD (Yoga)	As per the PhD duration specified by UGC
4.	Post Graduate Diploma in Yoga	PGDY	1 year to 2 year
5.	Post Graduate Diploma in Yoga Therapy	PGDYT	1 year to 2 year

The following Central Universities had been identified to start the Yoga Departments, subject to the approvals of the competent authorities of concerned Universities:

- (i) Hemwati Nandan Bahuguna Garhwal University, Uttarakhand;
- (ii) Visva Bharti Shantiniketan, West Bengal;
- (iii) Central University of Rajasthan;
- (iv) Central University of Kerala;
- (v) Indira Gandhi National Tribal University, Madhya Pradesh; and
- (vi) Manipur University.

(c): Universities are Autonomous Bodies created either under Central Acts or the State Acts and the onus of introduction of courses including Yoga lies with these universities. Colleges can start a course as per their requirements and resources available with them with due approval of Universities to which these are affiliated to.
