

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 1004
TO BE ANSWERED ON 21ST JULY, 2017**

COMMON YOGA PROTOCOL

1004. SHRI PRALHAD JOSHI:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the Government has issued Common Yoga Protocol Manual; and
- (b) if so, the details and purpose thereof?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a): Yes.

(b): The Common Yoga protocol (CYP) and the booklet was prepared by the Ministry through a consultative process involving Yoga experts and Heads of leading Yoga Institutes. It was published in 2015 and subsequently revised in 2016 & 2017 with certain modifications suggested by the committee.

The purpose of bringing out the Booklet (CYP) is to provide knowledge about the best available and commonly used Yoga practices for health promotion of general public across the globe.

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