

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**LOK SABHA  
UNSTARRED QUESTION NO. 5612  
TO BE ANSWERED ON 7<sup>TH</sup> APRIL, 2017**

**YOGA TRAINERS**

**5612. SHRIMATI RITI PATHAK:  
SHRIMATI KAMLA DEVI PAATLE:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) the number of trained Yoga instructors/professionals working at present in the country, State/UT-wise;
- (b) the details of Yoga Chikitsa Kendras running under CGHS, State/UTwise;
- (c) whether there are permanent Central Government Yoga instructors under his Ministry and if so, the details thereof indicating sanctioned and present position of strength; and
- (d) the criteria and appointment/ selection of such Yoga instructors along with the remunerations paid by the Government?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a): The following three Organizations under the Ministry of AYUSH work for Yoga in the country:

- Morarji Desai National Institute of Yoga (MDNIY), New Delhi
- Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi
- National Institute of Naturopathy (NIN), Pune, Maharashtra

The details of the Yoga Instructors/ professionals working at these Organisations is enclosed at **Annexure – I** (State/UT wise).

Further, Central Government Health Scheme (CGHS) under Directorate General of Health Services (DGHS) has as appointed 03 Yoga Instructors.

Contd.....

(b):

- MDNIY has set up 19 Yoga Chikitsa Kendras in CGHS Dispensaries. List enclosed at **Annexure-II**.
- CGHS has informed that they are running total 17 Yoga Chikitsa Kendras. List enclosed at **Annexure-III**.

(c): There are five regular Yoga Instructors against the ten sanctioned posts in Morarji Desai National Institute of Yoga under Ministry of AYUSH.

(d): MDNIY recruited Yoga Instructors as per Recruitment Rules on Pay Scale with Grade Pay of Rs.4200/-. A copy of the recruitment rules of the post of Yoga Instructor is enclosed at **Annexure – IV**.

.....

**MINISTRY OF AYUSH**

**Details of number of trained Yoga Instructors/Professionals working under Ministry of  
AYUSH**

**I. Morarji Desai National Institute of Yoga, New Delhi**

- a. Yoga professionals – 12
- b. Yoga Instructors (Full time) – 33
- c. Yoga Instructors (Part-time) - 08

(2 Instructors working at Uttar Pradesh and rest working in Delhi)

**II. National Institute of Naturopathy, Pune, Maharashtra**

- a. 16 Yoga & Naturopathy professionals
- b. 25 Therapists

(All working at Pune, Maharashtra)

**III. Central Council for Research in Yoga & Naturopathy, New Delhi**

- a. Yoga & Naturopathy professionals – 20
- b. Yoga Therapists – 18

(02 Instructors & 01 working at Haryana and rest are working in Delhi)

**LIST OF 19 CGHS DISPENSARIES UNDER PREVENTIVE HEALTH CARE UNITS IN  
DELHI & NCR WHERE YOGA UNIT RUN BY MDNIY**

1. CGHS Wellness Centre, Flat No. 647-648, Krishi Kunj, Inderpuri, New Delhi.
2. CGHS Wellness Centre, New Police Line, Kingsway Camp, Delhi
3. CGHS Wellness Centre, Laxmi Bai Nagar, Delhi
4. CGHS Wellness Centre, 23 Pusa Road, Karol Bagh, New Delhi
5. CGHS Wellness Centre, D-II/257, 259, Vinay Marg, Chanakyapuri, New Delhi
6. CGHS Wellness Centre, D Block, Nangalraya, Janakpuri New Delhi
7. CGHS Wellness Centre, Near Hari Nagar Ghantaghar, Hari Nagar, New Delhi.
8. CGHS Wellness Centre, Block-C, Janakpuri, New Delhi-58
9. CGHS Wellness Centre, Sadar Bazar, Delhi Cantt. Delhi-10
10. CGHS Wellness Centre, Pala Colony, Manglapuri, Delhi
11. CGHS Wellness Centre, Lajpat Nagar Market, New Delhi
12. CGHS Wellness Centre, R. K. Puram Sector-6, New Delhi.
13. CGHS Wellness Centre, Mansarovar Park, Shahdara, Delhi -32
14. CGHS Wellness Centre, Sec-1, M B Road, Pushp Vihar, New Delhi
- 15. CGHS Wellness Centre, No. 68, Kamla Nehru Nagar, Ghaziabad, Uttar Pradesh.**
16. CGHS Wellness Centre, Main Vikas Marg, Laxmi Nagar, Delhi.
- 17. CGHS, Wellness Center, R-55, Sec-11,, Noida Uttar Pradesh.**
18. CGHS, Wellness Center, Sec-4, Pushp Vihar, New Delhi
19. CGHS, Wellness Center, Sadiq Nagar, Siri Fort Road, New Delhi

**ANNEXURE-III**

**YOGA CHIKITSA KENDRAS (WELLNESS CENTRES) RUNNING UNDER  
CENTRAL GOVERNMENT HEALTH SCHEME(CGHS)**

<b>S.No.</b>	<b>ZONE</b>	<b>AREA</b>	<b>Total No</b>
1.	East Zone- 4	(1). Laxmi Nagar W.C, (2). Ghaziabad W.C, (3). Noida W.C. (4).Kingsway Camp. W.C	04
2.	Central Zone-1	Kali Bari CGHS W.C	01
3.	South I Zone-7	(1). Sec.8,R.K.Puram, (2). Lajpat Nagar, (3). R.K.Puram –III, (4). Sec-6, Pushp Vihar (5). Sec-1, M.B.Road, (6). Pushp Vihar Sec-4, (7). Laxmi Bai Nagar (8). Sadiq Nagar New Delhi	
4.	North Zone-5	(1). Pusa Road, (2). Tilak Nagar, (3). Hari Nagar, (4). Inderpuri (5). Janak Puri-1.	05

**ANNEXURE-IV**

<b>Col. No.</b>		<b>Recruitment Rules</b>
1.	Name of the post	Yoga Instructor
2.	Number of Post	Five
3.	Classification	Group 'B'
4.	Pay Band with Grade Pay	Rs.9300-34800+GP Rs4200
5.	Whether selection or non-selection	Not applicable
6.	Age limit for direct recruitment	Preferably not exceeding 30 years
7.	Educational and other qualifications required for direct recruitment	<p><u>Essential:</u></p> <ol style="list-style-type: none"><li>1. A Degree in Yoga with minimum 55% of marks from a recognized University under UGC Act.</li></ol> <p style="text-align: center;">OR</p> <p>Any Graduate with a minimum of 55% of marks in aggregate from a recognized University under UGC Act with Diploma in Yoga Education/Yoga Studies/Yoga Science after graduation of at least one year duration from a recognized University/Institute with a minimum of 55% of marks.</p> <ol style="list-style-type: none"><li>2. Practical teaching experience in Yoga in a reputed Yoga Institute for a minimum period of one year.</li><li>3. Practical ability to perform Yogic practices, for which skill test will be conducted.</li></ol> <p><u>Desirable:</u></p> <ol style="list-style-type: none"><li>1. Proficiency in Hindi and English languages.</li><li>2. Knowledge of Computer operation.</li><li>3. Knowledge of Sanskrit</li></ol>
8.	Whether age and qualifications prescribed for direct recruitment will apply in the case of promotions	No
9.	Period of probation	Two Years for Direct Recruitment
10.	Method of recruitment whether by direct recruitment or by promotion or by deputation/transfer and percentage of vacancies to be filled by various methods	By direct recruitment

11.	In case of recruitment by promotion/ deputation/ transfer, grades from which promotion/ deputation/transfer to be made	Not Applicable		
12.	Composition of Selection Committee for Direct Recruitment/Deputation and as DPC for Confirmation.	1.	Director MDNIY	Chairperson
		2.	One Professor of MDNIY to be nominated by Deptt. of AYUSH	Member
		3-4.	Two Experts in the relevant field from outside to be nominated by Chairperson	Member
		5.	An Officer from Deptt.of AYUSH not below the rank of under Secretary	Member
		6.	Administrative Officer	Convener