#### GOVERNMENT OF INDIA MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)

## LOK SABHA UNSTARRED QUESTION NO. 2651 TO BE ANSWERED ON 17<sup>TH</sup> MARCH, 2017

#### IMPARTING EDUCATION INYOGA AND NATUROPATHY

**2651. SHRI OM PRAKASH YADAV:** 

SHRI A.T. NANA PATIL:

**COL. SONARAM CHOUDHARY:** 

SHRI N.K. PREMACHANDRAN:

SHRI BHAIRON PRASAD MISHRA:

SHRI NAGAR RODMAL:

SHRI FEROZE VARUN GANDHI:

SHRI JANARDAN MISHRA:

SHRI RADHESHYAM BISWAS:

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

- (a) the number of schools/institutes imparting education in Yoga and Naturopathy including Yoga and Naturopathy Chikitsa Kendras running at present in the country, State/ UT-wise;
- (b) whether the Government proposes to set up Yoga Kendra and Naturopathy Centre in various parts particularly in rural areas of the country, if so, the details thereof, State/UT-wise;
- (c) whether the Government has made any assessment regarding the interest of people towards Naturopathy and Yoga and that it has registered an increase during the last three years and if so, the details and findings thereof indicating the names of diseases which are likely to be treated through the said system;
- (d) whether the Government has taken initiatives to include Yoga in the school curriculum and if so, the details thereof;
- (e) whether the Government has received complaints regarding a number of unqualified /unauthorised persons/centres giving yoga training and naturopathy practice resulting in various health issues, if so, the action taken by the Government in this regard and monitoring mechanism put in place to regulate yoga and naturopathy centre in the country; and

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(f) the details of initiatives taken by the Government to promote and ensure the standardisation of Yoga and Naturopathy in the country along with funds allocated during the last three years, State/UT-wise?

#### **ANSWER**

# THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (SHRI SHRIPAD YESSO NAIK)

(a):

- (i) There are 03 institutions under the Ministry of AYUSH, which are imparting education in Yoga and Naturopathy including Yoga and Naturopathy in the country:-
  - (a) Central Council for Research in Yoga & Naturopathy (CCRYN), 61-65, Institutional Area, Janakpuri, New Delhi 110 058
  - (b) Morarji Desai National Institute of Yoga (MDNIY), 68, Ashok Road, New Delhi -110 001
  - (c) National Institute of Naturopathy (NIN), Bapu Bhavan, Tadiwala Road, Pune, Maharashtra 411001
- There are some colleges/ universities which are running various courses of Yoga (Annexure-A).
- In addition, there are some institution/ colleges running degree course of Yoga & Naturopathy (Annexure-B).

Further, University Grants Commission (UGC) identified the following Central Universities to start the Yoga Department and courses on Yoga from the academic session 2016-17:

- a. Hemwati Nandan Bahuguna Garhwal University
- b. Visva Bharati, Shantiniketan
- c. Central University of Rajasthan
- d. Central University of Kerala
- e. Indira Gandhi National Tribal University
- f. Manipur University

There are 08 OPDs run by CCRYN, which provide Yoga therapy to the patients (Annexure-C).

NIN is conducting a Naturopathy & Yoga OPD at its HQ office. Apart from this, they are also running a Sanatorium for HIV+ve persons as an IPD at Panchagani, Dist. Satara.

- (b): (i)CCRYN is in the process of establishing Yoga and Naturopathy institutions in the country; which are as under:-
  - (1). Establishment of 02 *Post Graduate Institutes of Yoga and Naturopathy Education and Research* (PGIYNER) with *200 bedded Yoga and Naturopathy hospital* at Jhajjar, Haryana and Nagmangala, Karnataka. Details are at **Annexure 'D'**.

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- (2). Establishment of 5 CRIs in different States of the country along with 100 bedded indoor hospital facilities to carry out in depth research studies to establish the efficacy of Yoga and Naturopathy in various remedies. Details are at **Annexure 'E'**.
- (ii). The Ministry of AYUSH has approved a proposal to establish Naturopathy Hospital, Medical College, Research Unit and Gandhi Memorial at new site Kondhwa, Pune under NIN.
- (c): The Ministry has not made any assessment regarding the interest of people towards Naturopathy and Yoga.

However, there is a general trend that there is an increase in the number of people registered for Yoga & Naturopathy during last three years. Further, the diseases like digestive disorders, respiratory disorders, skeleton muscular disorders, skin disorders, non-communicable diseases such as diabetes, hypertension, cardiovascular problems, etc. are treated through Naturopathy & Yoga.

(d): National Curriculum Framework (NCF), National Council of Educational Research and Training (NCERT) 2005 recommended Yoga as an Integral Part of Health and Physical Education. Health and Physical Education is a compulsory subject from Class I to Class X and optional from Classes XI to XII. According to National Curriculum Framework 2005, "the entire group Health and Physical Education and Yoga must be taken together as a comprehensive Health and Physical Education Curriculum, replacing the fragmentary approach current in schools today. As a core part of the curriculum, time allocated for games and for yoga must not be reduced or taken away under any circumstances". Further, they have already developed integrated syllabi on Health and Physical Education from Class I to Class X. The syllabus is available on NCERT website <a href="www.ncert.nic.in">www.ncert.nic.in</a>. The content of Yoga has been included from Class VI onward. It also prepared separate syllabus on Yoga from Upper Primary to Secondary Stage.

NCERT has brought out the following two textual materials for Upper Primary (VI to VIII) and Secondary Stages (IX & X):

- (i) Yoga: A Healthy Way of Living (Upper Primary stage) and
- (ii) Yoga: A Healthy Way of Living (Secondary Stage)

NCERT organised Yoga Olympiad from school to National Level from 18<sup>th</sup> to 20<sup>th</sup>June, 2016.

- (e): No such complaints are reported in the Ministry. As on date, there is no Central legislation for regulation of education and practice of Yoga & Naturopathy
- (f): Government has constituted a National Board for Promotion and Development of Yoga & Naturopathy (NBPDYN), which will also look into the standardization of education & practice of Yoga & Naturopathy. No specific budget has been allocated in this regard.

#### Annexure -A

## <u>List of Universities /Institutions Conducting Yoga Courses</u> (as per the details available on University / Institutional websites)

| S.<br>No. | State             | University/ Institution                                                                   | Type of<br>University | Courses Offered                                                                                                                                        | Mode of<br>Course | Duration                                                                             | Eligibility                                                |
|-----------|-------------------|-------------------------------------------------------------------------------------------|-----------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|--------------------------------------------------------------------------------------|------------------------------------------------------------|
| 1         | Andhra<br>Pradesh | Andhra University<br>Visakhapatnam –<br>530003                                            | State<br>University   | 1. PG Diploma in Yoga                                                                                                                                  |                   | 1                                                                                    | 1                                                          |
| 2         | Andhra<br>Pradesh | Rashtriya Sanskrit<br>Vidyapeeth<br>Tirupati-517 507<br>A.P.                              | Deemed<br>University  | <ol> <li>Acharya (M.A.) in Sankhya Yoga</li> <li>PGD in Yoga Therapy and Stress<br/>management</li> <li>PGD in Yoga Vijnana (Distance Mode)</li> </ol> |                   | 1<br>2<br>3                                                                          | 1<br>2<br>3                                                |
| 3         | Bihar             | Bihar School of Yoga                                                                      |                       | 1.Course in Yoga Studies 2.Certificate in Yoga Science & Life Style                                                                                    | Regular           | 1.Four Months 2.Three Months                                                         | 1<br>2                                                     |
| 4         | Chattisgarh       | Gurukul University H-<br>14, b/h. T.V. Tower,<br>AnupamNagar, Raipur-<br>01, Chhattisgarh |                       | 1. Diploma in Yoga & Naturopathy                                                                                                                       | Regular           | 1                                                                                    | 1                                                          |
| 5         | Chhatisgarh       | Pt. RavishankarShukla<br>University, Amanaka<br>G.E. Road, Raipur–<br>492010              | State<br>University   | 1.M.A. Applied Philosophy & Yoga<br>2.P.G.D. in Yoga<br>3.Certificate Course in Yoga                                                                   | Regular           | <ol> <li>Two Years</li> <li>One Year</li> <li>Three Months</li> </ol>                | 1. Graduation<br>2. Graduation<br>3. 10+2                  |
| 6         | Delhi             | Morarji Desai National<br>Institute of Yoga, New<br>Delhi                                 |                       | <ol> <li>Diploma in Yoga Science</li> <li>Certificate Course in Yoga</li> <li>Science</li> <li>Foundation Course in Yoga</li> <li>Science</li> </ol>   | Regular           | <ol> <li>One Year</li> <li>Three &amp; Half<br/>Months</li> <li>One Month</li> </ol> | <ol> <li>Graduation</li> <li>10+2</li> <li>10th</li> </ol> |
| 7         | Gujarat           | Bhavnagar University,<br>Gaurishanker Lake<br>Road, Bhavnagar - 364<br>022. Gujarat       | State<br>University   | <ol> <li>Diploma in Naturopathy &amp; Yogic<br/>Science</li> <li>Diploma in Yoga</li> </ol>                                                            | Regular           | <ol> <li>Two Years</li> <li>One Year</li> </ol>                                      | <ol> <li>Graduation</li> <li>10+2</li> </ol>               |

| 8  | Gujarat             | Gujarat Ayurveda<br>University,<br>Jamnagar                                                           | State<br>University | <ol> <li>P.G.D. in Yoga &amp; Naturopathy</li> <li>B.Sc. Yoga</li> <li>Certificate in Yoga and Naturopathy<br/>Therapies</li> </ol>                        | Regular | <ol> <li>One Year</li> <li>Three Years</li> <li>Four Months         (Full time) /         8 Months         (Part time)</li> </ol> | <ol> <li>Graduation</li> <li>10+2</li> <li>Graduation</li> </ol> |
|----|---------------------|-------------------------------------------------------------------------------------------------------|---------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|-----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|
| 9  | Gujarat             | Gujarat University,<br>Post Box No. 4010,<br>Navrangpura,<br>Ahmedabad – 380<br>009, Gujarat.         | State<br>University | 1. Diploma in Yoga Education (SAP)                                                                                                                         | Regular | 1. One Year                                                                                                                       | 1. Graduation                                                    |
| 10 | Gujarat             | Hemchandracharya<br>North Gujarat<br>University, P.B. No.<br>21, University<br>Road, Patan-<br>384265 | State<br>University | 1. Diploma in Yoga Education                                                                                                                               | Regular | 1. One Year                                                                                                                       | 1. Graduation                                                    |
| 11 | Haryana             | Kurukshetra<br>University,<br>Kurukshetra<br>Haryana, India<br>Pin – 136119                           | State<br>University | 1. M.A. Music, Yoga & Health                                                                                                                               | Regular | 1                                                                                                                                 | 1                                                                |
| 12 | Himachal<br>Pradesh | Himachal Pradesh<br>University,<br>Shimla– 171005                                                     | State<br>University | <ol> <li>M. A. Diploma in Yoga Studies</li> <li>Diploma in Yoga Studies</li> </ol>                                                                         | Regular | 1. TwoYear<br>2. One Year                                                                                                         |                                                                  |
| 13 | Jammu &<br>Kashmir  | University of Jammu BabasahebAmbedk ar Road New Campus, Jammu (Tawi) - 180 006                        | State<br>University | <ol> <li>Diploma Course in Yoga</li> <li>Diploma Course in Yoga</li> <li>Advance Certificate Course in Yoga</li> <li>Certificate Course in Yoga</li> </ol> | Regular | One Year Six Months Three Months Three Months                                                                                     | 1. –<br>2. –<br>3. –<br>4. –                                     |
| 14 | Karnataka           | Karnatak University<br>Pavate Nagar,<br>Dharwad-580003,<br>Karnataka State                            | State<br>University | <ol> <li>P.G.D in Yoga Studies</li> <li>Certificate Course in Yoga Studies</li> </ol>                                                                      | Regular | 1. One Year 2. One Year                                                                                                           | 1. Graduation<br>2. 10+2                                         |

| 15 | Karnataka | Mangalore<br>University,<br>Mangalagangotri,<br>Konaje - 574 199                                                            | State<br>University  | <ol> <li>M.Sc. Yogic Science</li> <li>P.G.D. in Yogic Sciences</li> <li>Certificate Course in Yogic Science</li> </ol>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Regular | Two Years One Year Three Months                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          | <ol> <li>Graduation</li> <li>Graduation</li> <li>10<sup>th</sup></li> </ol>                                                                                                                                                               |
|----|-----------|-----------------------------------------------------------------------------------------------------------------------------|----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 16 | Karnataka | Swami<br>Vivekananda Yoga<br>AnusandhanaSamst<br>hana<br>No. 9,<br>AppajappaAgrahara<br>, Chamarajpet,<br>Bangalore-560 018 | Deemed<br>University | <ol> <li>PhD Yoga</li> <li>M.D. Yoga &amp; Rehabilitation</li> <li>M. Phil Counselling &amp; Yoga Therapy</li> <li>M.A. Yoga, Journalism &amp; Mass Communication</li> <li>M.Sc. Yoga Management</li> <li>M.Sc. Yoga &amp; Consciousness</li> <li>M.Sc. Yoga Education</li> <li>M.Sc. Yoga</li> <li>PGD in Yoga Therapy for Doctors</li> <li>PGD in Yoga Therapy</li> <li>BNYS</li> <li>B.A. Yoga &amp; Journalism</li> <li>B.Sc. Yoga &amp; Management</li> <li>B.Sc. Yoga &amp; Consciousness</li> <li>B. Sc. Yoga Education</li> <li>B.Sc. Yoga</li> <li>Yoga Therapy Orientation Training For Doctors</li> <li>Yoga Teachers Training Course</li> <li>Yoga Instructor Course</li> </ol> | Regular | <ol> <li>Three Years</li> <li>Three Years</li> <li>Three years</li> <li>Two Years</li> <li>Two Years</li> <li>Two Years</li> <li>Two Years</li> <li>Two Years</li> <li>Two Years</li> <li>One Year</li> <li>One Year</li> <li>Four &amp; Half         Year with         One Year         (Internship)</li> <li>Three Years</li> <li>Three Years</li> <li>Three Years</li> <li>Three Years</li> <li>Three Months</li> <li>One Month         Residential/         Three Months         Non-         Residential</li> </ol> | 1. PG/ Medico/ BE 2. Medico 3. Graduate. (Psychology) 4. Graduation with YIC 5. Graduation 6. Graduation 7. Graduation 9. Graduation OR YIC 10. Graduation 11. 10+2  12. 10+2 13. 10+2 14. 10+2 15. 10+2 17. Medico 18. Teachers 19. 10+2 |

|    |                   | BarkatullahVishw<br>avidyalaya,<br>Bhopal                                                                         |                       | <ol> <li>M.Phil. in Yogic Science</li> <li>M.A. / M.Sc. in Human Consciousness<br/>&amp; Yoga Science</li> </ol>                  | Regular | 1.<br>2.                        | One Year<br>Two Years                        | <ol> <li>P.G. Yoga</li> <li>Graduation</li> </ol>                            |
|----|-------------------|-------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------------------------------------------------------------------------------------------------------------------|---------|---------------------------------|----------------------------------------------|------------------------------------------------------------------------------|
| 17 | Madhya<br>Pradesh | Hoshangabad<br>Road, BHOPAL-<br>462026,                                                                           | State<br>University   | <ul><li>3. P.G.D. in Stress Management (Yoga)</li><li>4. P.G.D. in Yoga Therapy</li><li>5. P.G.D. in Yogic Science</li></ul>      |         | <ul><li>3.</li><li>4.</li></ul> | One Year                                     | <ul><li>3. Graduation</li><li>4. Graduation</li></ul>                        |
|    |                   | Madhya Pradesh                                                                                                    |                       | 6. Certificate in Yogic Science                                                                                                   |         | 5.<br>6.                        | One Year<br>Three months                     | <ul><li>5. Graduation</li><li>6. 10+2</li></ul>                              |
| 18 | Madhya<br>Pradesh | Dr.HarisinghGourV<br>ishwavidyalaya,<br>Sagar, Madhya<br>Pradesh-470 003                                          | Central<br>University | 1. M.Sc. / M.A. Yoga<br>2. B.A. Yoga                                                                                              | Regular | 1.<br>2.                        | Two Years Three Years                        | 1. Graduation<br>2. 10+2                                                     |
| 19 | Madhya<br>Pradesh | Jiwaji University,<br>Gwalior- 474011<br>(M.P.)                                                                   | State<br>University   | <ol> <li>P.G.D. in Yoga Therapy</li> <li>Diploma in Yoga</li> <li>Certificate in Yoga</li> </ol>                                  | Regular | 1.<br>2.<br>3.                  | One & Half<br>Years<br>One Year<br>Six Weeks | <ol> <li>Graduation</li> <li>Graduation</li> <li>10+2</li> </ol>             |
| 20 | Madhya<br>Pradesh | Lakshmibai<br>National Institute of<br>Physical Education<br>Mela Road, Shakti<br>Nagar, Gwalior-474<br>002, M.P. | Deemed<br>University  | <ol> <li>M.A. Yoga</li> <li>P.G.D. in Yoga &amp; Alternative Therapy</li> </ol>                                                   | Regular | 1. 2.                           | Two Years One Year                           | <ol> <li>Graduation + Dip.<br/>/Cert. in Yoga</li> <li>Graduation</li> </ol> |
| 21 | Madhya<br>Pradesh | M.G.<br>GramodayaVishw<br>avidyalaya,<br>Chitrakoot-<br>485331, Dist. Satna                                       | State<br>University   | <ol> <li>P.G.D. in Naturality&amp; Yogic Science</li> <li>B.A. Human Consciousness &amp; Yogic<br/>Sciences</li> </ol>            | Regular | 1.                              | One Year Three Years                         | <ol> <li>Graduation</li> <li>Graduation</li> </ol>                           |
| 22 | Madhya<br>Pradesh | Rani<br>DurgavatiVishwavi<br>dyalaya,<br>SaraswatiVihar,<br>Pachpedi, Jabalpur<br>(M.P.)                          | State<br>University   | <ol> <li>M.A. Human Consciousness &amp; Yogic<br/>Sciences</li> <li>P.G.D. in Yoga</li> <li>Certificate Course in Yoga</li> </ol> | Regular | 1.<br>2.<br>3.                  | -<br>-<br>                                   | <ol> <li>Graduation</li> <li>Graduation</li> <li>10th</li> </ol>             |

|    |                    |                      |            | 1. P.G.D. Yoga Therapy                     | Regular | 1. | One & Half    | 1. Graduate (Sci.) or        |
|----|--------------------|----------------------|------------|--------------------------------------------|---------|----|---------------|------------------------------|
|    |                    |                      |            |                                            |         |    | Years         | PGDYEd                       |
|    |                    |                      |            | 2. P.G.D. in Yoga Education                |         | 2. | One Year      | 2. Graduation                |
|    |                    |                      |            | 3. Advanced Teacher Training Course        |         | 3. | One Month     | 3. Yoga Teachers             |
|    |                    |                      |            | 4. Certificate Course in Yoga              |         |    |               |                              |
| 23 | Maharashtra        | Kaivalyadhama,       |            | 5. Certificate Course in Traditional Texts |         | 4. | Six Weeks     | 4. HSC                       |
| 23 | Wianarashira       | Lonavla, Pune        |            | in Yoga                                    |         | 5. | 21 Days       | 5. Graduate or Cert. in Yoga |
|    |                    |                      |            | 6. Certificate Course for Yoga Teachers    |         |    |               | III Toga                     |
|    |                    |                      |            | SPA Therapies                              |         | 6. | 21 Days       | 6do-                         |
|    |                    |                      |            | 7. Basic Course in Yoga and Ayurveda       |         | 0. | 21 Days       | 0. –uo-                      |
|    |                    |                      |            | 7. Basic Course in Toga and Ayurveda       |         | 7. | 21 Days       | 7. –do-                      |
|    |                    | North Maharashtra    |            | 1. Vocational Yogic Foundation Course      |         | 1. |               | 1                            |
| 24 | Maharashtra        | University, Jalgaon- | State      | To your Togic Tourism Course               |         |    |               |                              |
|    | Transit district   | 425 001.             | University |                                            |         |    |               |                              |
|    |                    | RamamaniIyengar      |            | Various training programmes based on       |         |    |               |                              |
| 25 | Maharashtra        | Memorial Yoga        |            | Yoga                                       |         |    |               |                              |
|    |                    | Institute, Pune      |            |                                            |         |    |               |                              |
|    |                    | SantGadge Baba       |            | 1. P.G.D. in Yoga Therapy                  | Regular | 1. | One Year      | 1. Graduation                |
|    |                    | Amravati             | State      | 2. Diploma in Yoga Education               |         | 2. | _             | 2                            |
| 26 | Maharashtra        | University,          | University |                                            |         |    |               |                              |
|    |                    | Amravati-444602,     | Oniversity |                                            |         |    |               |                              |
|    |                    | Maharashtra          |            |                                            |         |    |               |                              |
|    |                    |                      |            | 1. Teachers Training Course                | Regular | 1. | One Year      | 1. TTC                       |
|    |                    |                      |            | 2. Teachers Training Course                |         | 2. | Seven Month   | 2. TTC                       |
| 27 | Maharashtra        | The Yoga Institute,  |            | 3. Comprehensive Teachers Training         |         | 3. | Three Months  | 3. –                         |
| 21 | TVI aliai asiiti a | Santacruz, Mumbai    |            | Course                                     |         | 4. | One Month     |                              |
|    |                    |                      |            | 4. Teachers Training Course (TTC)          |         |    |               | 4. –                         |
|    |                    | <b>T</b> Y           |            | Advance Diploma in Yoga                    |         | 1. | _             | 1. –                         |
| 20 | 3.6.1              | University of        | State      | 2. Diploma in Yogic Education              |         | 2. | _             | 2. –                         |
| 28 | Maharashtra        | Mumbai, Mumbai-      | University | 3. Certificate in Yoga                     |         | 3. | One Year Part |                              |
|    |                    | 400032               |            |                                            |         |    | time          |                              |

| 29 | Maharashtra | YashwantRaoChava<br>n Maharashtra Open<br>University,<br>Nashik-422 222,<br>M.S. | State<br>University | Diploma in Yoga Sikshak (Distance Mode)                                                                                                                                 |        | 1. One Year                                                                                    | 1. 10+2                                                                  |
|----|-------------|----------------------------------------------------------------------------------|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------|------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|
| 30 | Odisha      | Indian Institute of<br>Yogic Science &<br>Research,<br>Bhuvneshwar,<br>Odisha    |                     | Master Degree in Yoga     Yoga Teachers Training Course                                                                                                                 |        | <ol> <li>Two Years</li> <li>One Month</li> </ol>                                               | <ol> <li>Graduation</li> <li>10th</li> </ol>                             |
| 31 | Odisha      | Utkal University,<br>Bhubaneswar-751<br>004.                                     | State<br>University | 1. P.G.D. in Yoga Education Re                                                                                                                                          | egular | 1. One Year                                                                                    | 1. Graduation                                                            |
| 32 | Rajasthan   | Jai NarainVyas<br>University,<br>BhagatkiKothi,<br>Pali Road, Jodhpur            | State<br>University | 1. Diploma in Yoga Education                                                                                                                                            |        | 1. One Year                                                                                    | 1. Graduation                                                            |
| 33 | Rajasthan   | Maharishi<br>DayanandSaraswati<br>University, Ajmer-<br>305009, Rajasthan        | State<br>University | <ol> <li>Diploma in Yoga Science</li> <li>Certificate Course in Yogic Science</li> <li>Yoga Instructor Certificate Course</li> <li>Yoga Therapy for Ailments</li> </ol> |        | <ol> <li>Two Years</li> <li>One Year</li> <li>Six Months</li> <li>Two Months</li> </ol>        | <ol> <li>Graduation</li> <li>10+2</li> <li>10+2</li> <li>10+2</li> </ol> |
| 34 | Tamilnadu   | Alagappa<br>University,<br>Alagappa Nagar,<br>Karaikudi-630003,<br>T.N.          | State<br>University | 1. P.G.D in Yoga Re                                                                                                                                                     | egular | 1. One Year                                                                                    | 1. Graduation                                                            |
| 35 | Tamilnadu   | Annamalai<br>University,<br>Annamalainagar-<br>608 002                           | State<br>University | <ol> <li>M.Sc. Yoga</li> <li>P.G.D. in Yoga</li> <li>Diploma in Yoga</li> </ol>                                                                                         |        | <ol> <li>One Year Part time</li> <li>One Year Part time</li> <li>One Year Part time</li> </ol> | 2. Graduation                                                            |

| 36 | Tamilnadu        | Krishnamacharya<br>Yoga Mandiram,<br>Channai                        |                       | International Yoga Teachers Training     Programme                            |                                  | 1. Two Years                                                         | 1                                                  |
|----|------------------|---------------------------------------------------------------------|-----------------------|-------------------------------------------------------------------------------|----------------------------------|----------------------------------------------------------------------|----------------------------------------------------|
| 37 | Tamilnadu        | Tamilnadu Physical<br>Education & Sports<br>University, Chennai     | State<br>University   | <ol> <li>M.Sc. Yoga Therapy</li> <li>B.Sc. Yoga</li> </ol>                    | Distance<br>Distance             | 1. Two Years 2. Three Years                                          | 1. Graduation<br>2. 10+2                           |
| 38 | Tamilnadu        | M.S. University,<br>Thirunelvelli                                   | State<br>University   | 1. M.Sc. Yoga<br>2. PG Diploma in Yoga<br>2. B.Sc. Yoga                       | Distance<br>Distance<br>Distance | <ol> <li>Two Years</li> <li>One Year</li> <li>Three Years</li> </ol> | 1. Graduation 2. Graduation 3. 10+2                |
| 39 | Tamilnadu        | Bharathidasan<br>University, Trichy                                 | State<br>University   | 1. M.Sc. Yoga<br>2. PG Diploma                                                | Regular<br>Regular               | <ol> <li>Two Years</li> <li>One Year</li> </ol>                      | <ol> <li>Graduation</li> <li>Graduation</li> </ol> |
| 40 | Tamilnadu        | Bharathiyar<br>University,<br>Coimbatore                            | State<br>University   | 1. M.A. Yoga<br>2. B.A. Yoga                                                  | Distance<br>Distance             | <ol> <li>Two Years</li> <li>Three Years</li> </ol>                   | 1. Graduation<br>3. 10+2                           |
| 41 | Tamilnadu        | Tamil University,<br>Tanjure                                        | State<br>University   | 1. M.A. Yoga<br>2. B.A. Yoga                                                  | Distance<br>Distance             | <ol> <li>Two Years</li> <li>Three Years</li> </ol>                   | 1. Graduation<br>3. 10+2                           |
| 42 | Tamilnadu        | University of<br>Madras                                             |                       | 1. M.A. Yoga<br>2. B.A. Yoga                                                  | Distance<br>Distance             | <ol> <li>Two Years</li> <li>Three Years</li> </ol>                   | 1. Graduation<br>3. 10+2                           |
| 43 | Uttar<br>Pradesh | Banaras Hindu<br>University,<br>Varanasi, 221 005,<br>U.P.          | Central<br>University | Diploma in Naturopathy & Yoga     Therapy                                     | Regular                          | 1. Two & Half<br>Year                                                | 1. 10+2                                            |
| 44 | Uttar<br>Pradesh | Dr. B.R. Ambedkar<br>University, Agra-<br>282 004                   | State<br>University   | 1. Diploma in Yoga Education                                                  | Regular                          | 1. One Year                                                          | 1                                                  |
| 45 | Uttar<br>Pradesh | University of<br>Lucknow,<br>Lucknow-226 007                        | State<br>University   | <ol> <li>M.A. Yoga</li> <li>P.G.D. Naturopathic Science &amp; Yoga</li> </ol> | Regular                          | <ol> <li>Two Years</li> <li>One Year</li> </ol>                      | <ol> <li>Graduation</li> <li>Graduation</li> </ol> |
| 46 | Uttar<br>Pradesh | M.J.P.Rohilkhand<br>University,<br>Bareilly-243 006                 | State<br>University   | 1. P.G.D. in Yoga                                                             |                                  | 1. One Year                                                          | 1. Graduation                                      |
| 47 | Uttar<br>Pradesh | Dr Ram<br>ManoharLohiaAwa<br>dh University,<br>Faizabad-<br>224 001 | State<br>University   | 1. P.G.D. in Yoga Therapy                                                     | Regular                          | 1. One Year                                                          | 1. Graduation                                      |

| 48 | Uttarakhand | Dev Sanskrit<br>Vishwavidyalaya<br>Gayatrikunj,<br>Shantikunj<br>Haridwar-249<br>411 (U.K.) | Private<br>University | <ol> <li>M.A. Applied Yoga &amp; Human<br/>Excellence</li> <li>M.Sc. Yogic Sciences &amp; Holistic Health</li> <li>P.G.D. in Yoga Vijnana</li> <li>P.G.D. in Human Consciousness &amp;<br/>Yoga Therapy</li> <li>Foundation Course in Yogic Science<br/>(Distance Mode)</li> <li>Certificate Course in Yoga &amp;<br/>Alternative Therapy</li> <li>B.Sc. Yoga</li> <li>B.A. Yoga</li> </ol> | Regular | 1.<br>2.<br>3.<br>4.<br>5.<br>6.<br>7.<br>8. | Two Years Two Years One Year One Year Six Months Six Months Three Years Three Years | 1. Graduation 2. Graduation 3. Graduation 4. Graduation 5. 10+2 6. 10+2 7. 10+2 8. 10+2 |
|----|-------------|---------------------------------------------------------------------------------------------|-----------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|----------------------------------------------|-------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| 49 | Uttarakhand | GurukulKangriVish<br>wavidyalaya<br>Haridwar-249 404<br>Uttrakhand.                         | Deemed<br>University  | <ol> <li>M.A./M.Sc. in Human Consciousness &amp; Yogic Sci.</li> <li>P.G.D. in Human Consciousness &amp; Yogic Sciences</li> <li>B.A./B.Sc. Yoga</li> <li>Diploma in Yoga Sciences (Distance Mode)</li> <li>Certificate Course in Yoga</li> </ol>                                                                                                                                           | Regular | 1.<br>2.<br>3.<br>4.<br>5.                   | Two Years One Year Three Years Six Months                                           | 1. Graduation<br>2. Graduation<br>3. 10+2<br>4. 10+2<br>5. 10+2                         |
| 50 | Uttarakhand | HemwatiNandanBah<br>ugunaGarhwal<br>University, Srinagar,<br>Garhwal-246174                 | Central<br>University | <ol> <li>M.A. Yoga &amp; Alternative Therapies</li> <li>P.G.D. in Yogic Science</li> <li>Certificate Course in Yoga</li> </ol>                                                                                                                                                                                                                                                              | Regular | 1.<br>2.<br>3.                               | Two Years<br>One Year<br>One Month                                                  | <ol> <li>Graduation</li> <li>Graduation</li> <li>Foreign Students</li> </ol>            |
| 51 | West Bengal | Jadavpur<br>University,<br>Calcutta-700 032,<br>W.B.                                        | State<br>University   | 1. P.G.D. in Yoga Therapy                                                                                                                                                                                                                                                                                                                                                                   | Regular | 1.                                           | Two Years                                                                           | 5. Graduation                                                                           |

# <u>Annexure - B</u> List of Institutes/College imparting BNYS Degree Courses in Country

| S.  | Name of the college                                                      | University affiliation Govt.                           | Estd. |
|-----|--------------------------------------------------------------------------|--------------------------------------------------------|-------|
| No. | _                                                                        | Recognition                                            |       |
|     | ANDHRA PRADESH                                                           |                                                        |       |
| 1   | Govt. Naturopathic Medical College,                                      | N.T.R. University of Health                            | 1970  |
|     | Ameerpet, Hyderabad-500016                                               | Sciences, Vijayawada, Govt. of                         |       |
|     | PH:040-23730462 (F), 23731786 (H)                                        | Andhra Pradesh                                         |       |
| 2   | Narayana Yoga & Naturopathy Medical                                      | N.T.R. University of Health                            | 2008  |
|     | College, Chintareddypalem,                                               | Sciences, Vijayawada, Govt. of                         |       |
|     | Nellore-524 002                                                          | Andhra Pradesh                                         |       |
| 3   | M:09490166164, Ph:0861-2337433  Devs Yoga & Naturopathy Medical College, | N.T.R. University of Health                            | 2010  |
| 3   | Devnagar, Ankireddypalli, Keesara,                                       | Sciences, Vijayawada Govt. of                          | 2010  |
|     | Rangareddy Dist501301 Email:                                             | Andhra Pradesh                                         |       |
|     | drsultanas@gmail.com                                                     | 7 Monta 1 radesii                                      |       |
|     | Ph. 040-27121323                                                         |                                                        |       |
|     | M:09490601323, 09849267595                                               |                                                        |       |
|     | CHHATTISGARH                                                             |                                                        |       |
| 4   | Mahavir College of Naturopathy & Yoga,                                   | Pt. Ravi Shankar University,                           | 2002  |
|     | Nagpur, Dest. Durg-491001                                                | Raipur, Govt. of Chhattisgarh                          |       |
|     | Ph: 0788 -3297104, 2111633, 2621205                                      |                                                        |       |
|     | GUJARAT                                                                  |                                                        |       |
| 5   | Morarji Desai Institute of Naturopathy & Yoga,                           | Gujarat Ayurved University,                            | 2005  |
|     | Karelibaug, Vadodara-390008                                              | Jamnagar, Govt. of Gujarat                             |       |
| -   | KARNATAKA                                                                | Daiir Candhi Hairranitre of                            | 1000  |
| 6   | S.D.M. College of Naturopathy & Yogic Sciences, Ujire-574240 (D.K)       | Rajiv Gandhi University of Health Sciences, Bangalore, | 1989  |
|     | Ph: 08256-236188, Fax: 08256-236731                                      | Govt. of Karnataka                                     |       |
| 7   | Alvas College of Naturopathy & Yoga,                                     | Rajiv Gandhi University of                             | 2003  |
| ,   | Moodbirdi-574227 (D.K.)                                                  | Health Sciences, Bangalore,                            | 2003  |
|     | Ph: 08258-238111, 261072 Fax: 236731                                     | Govt. of Karnataka                                     |       |
| 8   | Govt. Nature Cure & Yoga College, PKTR                                   | R G University of Health                               | 2006  |
|     | Hospital, KRS Road, Mysore – 570002                                      | Sciences, Bangalore, Govt. of                          |       |
|     | Ph: 0821-24433701                                                        | Karnataka                                              |       |
| 9   | SVYASA College of Naturopathy & Yogic                                    | Swami Vivekananda Yoga                                 | 2002  |
|     | Sciences, 19, Eknath Bhavan, Gavipuram Circle                            | Anusandhana Samsthana                                  |       |
|     | Kempe gowda Nagar, Bengaluru-560019 Ph:                                  | (SVYASA) Govt. of Karnataka                            |       |
|     | 26612669, Telefax:26608645                                               |                                                        |       |
| 10  | MADHYA PRADESH                                                           | Dedletellel Heiseneite                                 | 2000  |
| 10  | Sant Hirdaram Medical College of Naturopathy                             | Barkatullah University,                                | 2009  |
|     | & Yogic Sciences,<br>Sant Hirdaram Nagar Lake Road,                      | Bhopal, Govt. of M.P.                                  |       |
|     | Bairagarh, Bhopal-462030 Ph: 0755-4283545                                |                                                        |       |
| 11  | Sanchi Naturopathy College,                                              | Barkatullah University,                                | 2010  |
| 11  | Barla (Sanchi), Dist, Raisen-464551                                      | Bhopal, Govt. of M.P.                                  | 2010  |
|     | M: 09203913301/02                                                        |                                                        |       |
|     | TAMILNADU                                                                |                                                        |       |
| 12  | JSS Institute of Naturopathy & Yogic Sciences                            | The TN Dr. M.G.R. Medical                              | 1997  |

|    | Navakkarai, Palkkad Main Road, Coimbatore-<br>641105                                                                                                                                                                                                                   | University, Chennai, Govt. of Tamil Nadu                                   |             |
|----|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------|-------------|
|    | Ph: 0422-2656711 Fax: 2656470                                                                                                                                                                                                                                          | Tamii Nadu                                                                 |             |
| 13 | Sivaraj Naturopathy and Yoga Medical College,<br>Siddhar Kovil Road, Thumbathulipatty, Salem –<br>636307<br>Ph: 0427-2481006,07                                                                                                                                        | The TN Dr. M.G.R. Medical<br>University, Chennai, Govt. of<br>Tamil Nadu   | 1997        |
|    | Fax – 0427-2481206                                                                                                                                                                                                                                                     |                                                                            |             |
| 14 | Govt. Yoga & Naturopathy Medical College,<br>Arumbakkam, Chennai – 600106<br>Ph: 044-26281563, 26216244                                                                                                                                                                | The TN Dr. M.G.R. Medical<br>University, Chennai, Govt. of<br>Tamil Nadu   | 2000        |
| 15 | S.R.K. Medical College of Naturopathy & Yoga,<br>Padanilam, Kulasekhram – 629161<br>Kanyakumari Dist. Ph: 04651 -2578425                                                                                                                                               | The TN Dr. M.G.R. Medical<br>University, Chennai, Govt. of<br>Tamil Nadu   | 2002        |
| 16 | S.V.S Medical College of Yoga & Naturopathy<br>and Research Institute, Salem-Chennai Main<br>Road, Bhangaram, Kallakurichi – 626202<br>Villupuram dist. (T.N)                                                                                                          | The TN Dr. M.G.R. Medical<br>University, Chennai, Govt. of<br>Tamil Nadu   | 2008-<br>09 |
|    | TELANGANA                                                                                                                                                                                                                                                              |                                                                            |             |
| 17 | Gandhi Naturopathic Medical College,<br>Begumpet, Hyderabad-500016<br>Ph: 040-23739666,23749966                                                                                                                                                                        | N.T.R. University of Health<br>Sciences, Vijayawada,<br>Govt. of Telangana | 1970        |
|    | UTTAR PRADESH                                                                                                                                                                                                                                                          | 5                                                                          |             |
| 18 | Maharishi Aurobindo Subharti College of<br>Naturopathy & Yoga Science, N.H. 58, Delhi-<br>Haridwar By Pass Road, Meerut – 250005<br>Ph: 0121-2439578, 3058038                                                                                                          | Swami Vivekanand Subharti<br>University, Subharti Puram,<br>Meerut         | 2011        |
| 19 | Kunwar Shekhar Vijendra Medical College of<br>Naturopathy Yogic Sciences, Adarsh<br>Institutional Area, Babu Vijendra Marg,<br>Gangoh – 247 341<br>Dist.Saharanpur, U.P. Tel. 01331-<br>234500/234555<br>Fax: 01331-236300.<br>Email:admissionsshobhituniversoty.ac.in | Shobhit University                                                         | 2012        |

### List of OPDs where Yoga programme is organised by CCRYN

| S. No. | State/UT | Name of the OPD with address                            |
|--------|----------|---------------------------------------------------------|
| 1.     | Delhi    | OPD (Yoga & Naturopathy),                               |
|        |          | Central Council for Research in Yoga & Naturopathy      |
|        |          | Hqrs.,                                                  |
|        |          | No. 61-65, Institutional Area,                          |
|        |          | Janakpuri, New Delhi-110058                             |
| 2.     | Delhi    | OPD (Yoga & Naturopathy),                               |
|        |          | Room No.20, Psychiatry Wing,                            |
|        |          | Dr. R. M. L. Hospital,                                  |
|        |          | New Delhi- 110001                                       |
| 3.     | Delhi    | OPD (Yoga & Naturopathy),                               |
|        |          | D/o Physiology,                                         |
|        |          | Lady Harding Medical College, New Delhi-110001          |
| 4.     | Delhi    | OPD(Yoga & Naturopathy),                                |
|        |          | Room. No.340 & 341,                                     |
|        |          | New OPD Block, Safdarjung Hospital & V.M.M.C.,          |
|        |          | New Delhi-110029                                        |
| 5.     | Delhi    | OPD(Yoga & Naturopathy),                                |
|        |          | D/o Physiology,                                         |
|        |          | University College of Medical Sciences, Dilshad Garden, |
|        |          | Delhi-110095                                            |
| 6.     | Delhi    | OPD(Yoga & Naturopathy),                                |
|        |          | Ch. Brahm Prakash Ayurvedic Charak Sansthan,            |
|        |          | Khera Dabar, Najafgarh,                                 |
|        |          | Delhi-110073                                            |
| 7.     | Delhi    | OPD (Yoga & Naturopathy),                               |
|        |          | Central Research Institute (CRIYN), Sector 19,          |
|        |          | Rohini, Delhi-110085                                    |
| 8.     | Haryana  | OPD (Yoga & Naturopathy)                                |
|        |          | Pt. B. D. Sharma University of Health Sciences, Rohtak, |
|        |          | Haryana                                                 |

ESTABLISHMENT OF POST GRADUATE INSTITUTES OF YOGA AND NATUROPATHY EDUCATION AND RESEARCH (PGIYNER):

#### **KARNATAKA**

(i) Post Graduate Institutes of Yoga and Naturopathy Education and Research (PGIYNER), Nagamangala, Karnataka: First phase of construction work on 15 acres of cost free land provided by Govt. of Karnataka has been completed. The construction work of 2<sup>nd</sup> phase of CRI (now PGIYNER) has been assigned to NPCC and construction work has already commenced. An amount of Rs.435.00 lakhs has been released to M/s NPCC Ltd. (a Govt. of India Enterprises) for this purpose.

#### **HARYANA**

(ii) Post Graduate Institutes of Yoga and Naturopathy Education and Research (PGIYNER), Devarkhana, Jhajjar, Bahadurgarh, Haryana: First phase of construction work on 10 acres of cost free land provided by Govt. of Haryana has been completed. The construction work of 2<sup>nd</sup> phase of CRI (now PGIYNER) has been assigned to M/s NPCC and construction work has already commenced. An amount of Rs.400.00 lakhs has been released to M/s NPCC Ltd. (a Govt. of India Enterprises) for this purpose.

### ESTABLISHMENT OF CENTRAL RESEARCH INSTITUTE OF YOGA & NATUROPATHY (CRIYN):

#### ODISHA

(i) Central Research Institute of Yoga & Naturopathy (CRIYN), Bhubaneswar, Odisha: 20 acre premium free land has been registered in the name of the Council and funds to the tune of Rs.157.88 lakhs have been released to the CPWD, Nayapalli, Bhubaneswar for construction of boundary wall, walking track etc. Demarcation of the allotted land has been completed in July, 2016. However, construction work could not be commenced due to resistance of the villagers.

#### **DELHI**

(ii) Central Research Institute of Yoga & Naturopathy (CRIYN), Rohini, Delhi: Indoor Hospital has been started functioning from 27<sup>th</sup> April, 2016. Yoga & Naturopathy treatments are being provided both under IPD and OPD for the benefit of common people.

#### WEST BENGAL

(iii) Central Research Institute of Yoga & Naturopathy (CRIYN), West Bengal: In principle' approval of Hon'ble HFM Government of India for setting up of a CRI including 100 bedded hospital of Yoga & Naturopathy has been obtained and conveyed to Government of West Bengal. Formal transfer of land in the name of CCRYN by Govt. of West Bengal is awaited.

#### <u>RAJASTHAN</u>

(iv) Central Research Institute of Yoga & Naturopathy (CRIYN), Jaipur, Rajasthan: The Government of Rajasthan has offered 13.5 acres premium free land for establishment of CRI including 100 bedded hospital of Yoga & Naturopathy. Approval of competent authority is conveyed to the Govt. of Rajasthan. Formal transfer of land in the name of CCRYN by Govt. of Rajasthan is awaited.

#### ANDHRA PRADESH

(v) Central Research Institute of Yoga & Naturopathy (CRIYN), Vijaywada, Andhra Pradesh: The Government of Andhra Pradesh has offered 25 acres cost free land for establishment of CRIY&N including 100 bedded hospital of Yoga & Naturopathy at Vijaywada, Andhra Pradesh. Approval of competent authority is conveyed to the Govt. of Rajasthan. Formal transfer of land in the name of CCRYN by Govt. of Andhra Pradesh is awaited.