

**GOVERNMENT OF INDIA
MINISTRY OF STATISTICS AND PROGRAMME IMPLEMENTATION**

**LOK SABHA
UNSTARRED QUESTION NO. 4375
TO BE ANSWERED ON WEDNESDAY, THE 14TH DECEMBER, 2016**

AVERAGE CALORIE INTAKE

4375. SHRI NALIN KUMAR KATEEL:

Will the Minister of STATISTICS AND PROGRAMME IMPLEMENTATION be pleased to state:

- (a) whether the average calorie intake has declined over time in the country;**
- (b) if so, the details thereof;**
- (c) whether real household expenditures and incomes have increased in the country;**
- (d) if so, whether the Government has taken any steps to study the said trend and its implications on the country's overall development; and**
- (e) if so, the response of the Government in this regard?**

ANSWER

**MINISTER FOR STATISTICS AND PROGRAMME IMPLEMENTATION
[SHRI D.V. SADANANDA GOWDA]**

(a) and (b): The average calorie intake in the country is estimated on the basis of the data collected by National Sample Survey Office (NSSO) in its Household Consumer Expenditure surveys. Based on the consumer expenditure surveys of NSSO conducted during the period 1983 onwards, estimates of per capita calorie intake per day are given below:

Estimated per capita calorie intake (Kilo Calorie) per day in different years						
Area	1983	1993-1994	1999-2000	2004-2005	2009-2010	2011-2012
(1)	(2)	(3)	(4)	(5)	(6)	(7)
Rural	2221	2153	2149	2047	2020	2099
Urban	2089	2071	2156	2020	1946	2058

(c) to (e): Government does not collect data for estimating household income. However, NSSO collects data on the Household Consumer Expenditure through Consumer Expenditure Surveys (CES) for generating estimates of average Monthly Per Capita Consumer Expenditure (MPCE).

Based on quinquennial surveys on Household Consumer Expenditure conducted by NSSO during 1993-94, 2004-05, 2009-10 and 2011-12, estimates of average Monthly Per Capita Consumer Expenditure (MPCE) for rural and urban areas at constant price (1987-88) are given as under:

Monthly Per Capita Consumer Expenditure Mixed Reference Period (MPCE)_{MRP} # at constant prices (1987-88) since 1993-94					
characteristic	Year				
	1993-1994	1999-2000	2004-2005	2009-2010	2011-2012
MPCE: rural (₹) at 1987-88 prices	162.56	179.39	181.56	192.93	221.93
MPCE: urban (₹) at 1987-88 prices	268.38	306.42	326.80	368.99	413.53
# - MPCE_{MRP} is the measure of MPCE obtained from the CES when household consumer expenditure on items of clothing and bedding, footwear, education, institutional medical care, and durable goods is recorded for a reference period of “last 365 days”, and expenditure on all other items is recorded with a reference period of “last 30 days”.					

No specific study has been undertaken by Government to study the trend of real household expenditure and incomes and its implications on the country's overall development. However, both State & Central Governments and NITI Aayog (Erstwhile Planning Commission) extensively use the data of the Consumer Expenditure survey of NSSO to analyse impact of Government policies and programmes for the development of the country and corrective steps, if any, required therein.

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