

GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA  
UNSTARRED QUESTION No.4192  
TO BE ANSWERED ON 12.12.2016

**Yoga Teaching in Universities**

**4192. SHRI V. ELUMALAI:**

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the University Grants Commission (UGC) has written to all universities that yoga teaching may be included in bachelors' and masters' programmes of physiotherapy, if so, the details thereof;
- (b) whether UGC has taken a decision to incorporate yoga in the list of recognised degrees, if so, the details thereof;
- (c) whether UGC has constituted a committee of experts in consultation with the concerned department for creation of good quality text books and manuals for yoga syllabus; and
- (d) if so, the details thereof?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
(Dr. MAHENDRA NATH PANDEY)

(a) to (d) : The University Grants Commission (UGC) has informed that it has written to the Vice-Chancellors of all Universities on 19<sup>th</sup> May, 2016 for including Yoga in the syllabus of Bachelors of Physiotherapy (BPT) and Masters of Physiotherapy (MPT) as they deem fit. The committee constituted by the MHRD under the Chairmanship of Prof. H.R. Nagendra had recommended introduction of Bachelors, Masters and Doctorate degree in Yoga by following the UGC Regulations on Specification of Degrees of 2014.

The creation of text books and manuals of instruction is under the domain of the Universities, they being autonomous in nature.

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