

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 2655
TO BE ANSWERED ON 11TH AUGUST, 2026**

FUNDS ALLOCATED UNDER DMHP

2655. SHRI RAGHAV CHADHA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the total number of districts covered under the District Mental Health Programme (DMHP), State-wise;
- (b) the quantum of funds allocated and utilised under the National Mental Health Programme in the last three years, year-wise;
- (c) whether mental health services are being provided through Ayushman Arogya Mandirs (AAMs) and if so, the details thereof; and
- (d) the steps being taken by Government to increase the availability of trained mental health professionals in Government health institutions?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (d) To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP had sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels for all including elderly, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

The details of the fund allocated and utilized under the National Mental Health Programme in the last three years, is as under:

	2023-24			2024-25			2025-26		
	BE	RE	Exp.	BE	RE	Exp.	BE	RE	Exp.
NMHP	31.5	34.65	15.14	30.71	20	5.27	32	5	3.61

The Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.8 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services were added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs.

Under the tertiary care component of NMHP, 25 Centres of Excellence were sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties.

The Government is also augmenting the availability of manpower to deliver mental healthcare services in the underserved areas of the country by providing online training courses to various categories of general healthcare medical and para medical professionals through the Digital Academies, established since 2018. The total number of professionals trained under Digital Academies are 48,629.

For increasing the number of psychiatrists in the Country, Post Graduate Medical Education Board (PGMEB) of National Medical Commission (NMC) issued the Minimum Standard of Requirements for Post-Graduate Courses - 2023 (PGMSR-2023) on 15.1.2024. For starting/increase of seats in MD (Psychiatry), the number of OPD are brought down to 30 per day for annual intake of maximum 2 PG students with 20% increase for each additional seat. Similarly, the minimum beds required per unit for starting MD (Psychiatry) course with 2 seats, 3 seats and 5 seats in a medical college is 8 beds, 12 beds and 20 beds respectively.

As per information received from Rehabilitation Council of India (RCI), at present, 66 institutions/universities are offering M.Phil Clinical Psychology course. The Council launched B.Sc. Clinical Psychology (Hons.) course from the academic session 2024- 25 and granted approval to 19 universities to offer this course for developing more professionals in clinical psychology.

The Government of India had launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 27.07.2026, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 42 lakh calls are handled on the helpline number since inception.

The Government also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that is developed to provide support for mental health issues ranging from well-being to mental disorders.
