

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1879
TO BE ANSWERED ON 04.08.2026**

MENSTRUAL HYGIENE INDICATORS

1879. PROF. MANOJ KUMAR JHA:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government maintains or has access to data on menstrual hygiene indicators among women and girls belonging to the Scheduled Castes and Scheduled Tribes, including access to sanitary products, safe sanitation facilities, clean water and menstrual hygiene awareness, disaggregated by State and Union Territory; and
- (b) if so, the details thereof and if not, whether Government proposes to undertake such data collection in coordination with the concerned Ministries and State Governments?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE
(SMT. ANUPRIYA PATEL)**

(a) & (b): As per data available in the National Family Health Survey (NFHS-5), 2019–21, the State/UT-wise information on the use of hygienic methods of protection during menstruation among women aged 15–24 years, including disaggregated data for Scheduled Castes (SCs) and Scheduled Tribes (STs) is placed at **Annexure**.

The **National Family Health Survey (NFHS-6)** indicates that the proportion of women aged 15–24 years using hygienic methods of menstrual protection stands at **79.2%**.

The NFHS 5 report is accessed at <https://www.nfhsiips.in/nfhsuser/nfhs5.php> and the NFHS 6 report is accessed at [https://www.nfhsiips.in/nfhsuser/assets/National%20Family%20Health%20Survey%20\(NFHS-6\)%202023-2024%20Fact%20Sheets.pdf](https://www.nfhsiips.in/nfhsuser/assets/National%20Family%20Health%20Survey%20(NFHS-6)%202023-2024%20Fact%20Sheets.pdf)

The Government strengthens menstrual hygiene management through the **Menstrual Hygiene Scheme (MHS)** under the **National Health Mission (NHM)** in coordination with the States/UTs. Data relating to water, sanitation and allied indicators are collected by the concerned Ministries.

Annexure referred to in reply to parts (a) and (b) of Rajya Sabha Unstarred Question No. 1879 for answer on 04.08.2026

Annexure

State/UT-wise percentage of women and girls using hygienic methods of menstrual protection, including data for Scheduled Castes (SCs) and Scheduled Tribes (STs)				
S. No.	State/UT	SC (%)	ST (%)	Total (%)
1	Andhra Pradesh	87.8	75.5	85.1
2	Arunachal Pradesh	90.5	92.5	91.8
3	Assam	67.4	75.5	66.9
4	Bihar	49.2	56.6	58.9
5	Chhattisgarh	71.8	58.8	68.8
6	Goa	100	96.8	96.8
7	Gujarat	69.4	53.8	66.5
8	Haryana	94.1	90.7	93.2
9	Himachal Pradesh	89.6	92.5	91.6
10	Jammu & Kashmir	76.1	51	74.4
11	Jharkhand	71.9	68	74.9
12	Karnataka	83.5	78.5	84.2
13	Kerala	88.1	86.1	93.1
14	Madhya Pradesh	61	41.2	60.5
15	Maharashtra	87.3	71.2	84.9
16	Manipur	81.3	83.1	83.3
17	Meghalaya	84.6	63.5	64.9
18	Mizoram	44.4	91.6	89.8
19	Nagaland	87.3	80.4	80.4
20	Delhi	96.5	97.1	96.9
21	Odisha	82.4	69	81.5
22	Punjab	90.6	84.2	93.2
23	Rajasthan	83.1	72.3	84.1
24	Sikkim	73.7	88	86.3
25	Tamil Nadu	98	94.1	98.3
26	Telangana	92.5	88.3	93.1
27	Tripura	67.3	63.5	69.1
28	Uttar Pradesh	68.3	63	72.6
29	Uttarakhand	89.4	98.9	91.2
30	West Bengal	82.4	73.3	83.1
Data not Available for 6 UTs- Andaman & Nicobar Islands, Chandigarh, Dadra & Nagar Haveli and Daman & Diu, Ladakh, Lakshadweep, Puducherry.				