

GOVERNMENT OF INDIA
MINISTRY OF CONSUMER AFFAIRS, FOOD AND PUBLIC DISTRIBUTION
DEPARTMENT OF CONSUMER AFFAIRS

RAJYA SABHA
UNSTARRED QUESTION No. 1801 (OIH)
TO BE ANSWERED ON 04.08.2026

HOUSEHOLDS UNDER BUDGET STRAIN DUE TO PRICE RISE

1801. SHRI NEERAJ DANGI:
(OIH)

Will the Minister of CONSUMER AFFAIRS, FOOD AND PUBLIC DISTRIBUTION be pleased to state:

- (a) whether it is a fact that household budgets are under severe strain due to the sharp increase in prices of essential commodities such as pulses, vegetables, edible oils and flour;
- (b) if so, the percentage increase in the prices of essential commodities during the last one year and the reasons therefor; and
- (c) whether Government is considering to take any measures to control the rising prices, as steep price hikes have forced several families to reduce or eliminate essential food items from their diet?

ANSWER

THE MINISTER OF STATE, CONSUMER AFFAIRS, FOOD AND PUBLIC DISTRIBUTION
(SHRI B. L. VERMA)

(a) : Department of Consumer Affairs monitors the daily prices of 41 food commodities submitted by the 579 price monitoring centres across the country. As per the reports, retail prices of cereals and pulses are largely stable over last one year due to record foodgrains production of 3,765.63 lakh tonnes in 2025-26 and ample stock available with the government. Among major vegetables, prices of potato are remarkably stable while prices of tomato and onion exhibited slight seasonal variations while remaining largely stable. In respect of edible oils, India's dependence on imports makes prices sensitive to global market trends.

(b) : The prices of agri-food commodities tend to be volatile as they are affected by several factors such as seasonality in production, supply chain disruptions, rise in international prices etc. The all-India average retail prices of 41 food commodities monitored by Department of Consumer Affairs with respective percentage variation over the year are at **Annexure**.

(c) : Government keeps a close watch on the prices and availability of essential food commodities and market trends through regular reviews by the Inter-Ministerial Committee (IMC). The Committee reviews on regular basis, the price trends and outlook of essential agri-horticulture commodities and suggests measures to enhance availability through increased domestic production and rationalisation in export-import policies.

The Government is committed to monitor the evolving situation and, if required, take appropriate measures to ensure adequate availability of essential commodities with a view to contain undue price volatility.

ANNEXURE REFERRED IN REPLY TO PART (b) OF RAJYA SABHA UNSTARRED QUESTION NO. 1801 FOR 04.08.2026 REGARDING HOUSEHOLDS UNDER BUDGET STRAIN DUE TO PRICE RISE ASKED BY SHRI NEERAJ DANGI.

Daily Average Retail Prices of Essential Commodities

Commodities	Unit	Daily Average Retail Price		
		Price As On	1 Year Ago	% Variation over
		28/07/2026	28/07/2025	year-on-year
Broken Rice (Non-Basmati)*	1 Kg	33	-	-
Rice	1 Kg	44.89	42.68	5.18
Wheat	1 Kg	31.33	31.4	-0.22
Atta (Wheat)	1 Kg	37.14	36.76	1.03
Gram Dal	1 Kg	86.45	86.71	-0.30
Tur/Arhar Dal	1 Kg	123.09	119.54	2.97
Urad Dal	1 Kg	121.12	114.85	5.46
Moong Dal	1 Kg	111.71	110.69	0.92
Masoor Dal	1 Kg	90.36	88.41	2.21
Groundnut Oil (Packed)	1 Kg	205.73	188.46	9.16
Mustard Oil (Packed)	1 Kg	196.44	183.15	7.26
Vanaspati (Packed)	1 Kg	165.51	156.18	5.97
Soya Oil (Packed)	1 Kg	164.19	147	11.69
Sunflower Oil (Packed)	1 Kg	189.42	160.49	18.03
Palm Oil (Packed)	1 Kg	148.5	130.16	14.09
Potato	1 Kg	22.8	25.65	-11.11
Onion	1 Kg	35.07	27.96	25.43
Tomato	1 Kg	39.85	44.99	-11.42
Sugar	1 Kg	48.96	45.95	6.55
Milk	1 Ltr	60.89	59.05	3.12
Gur	1 Kg	59.58	55.89	6.60
Tea Loose	1 Kg	275.89	270.54	1.98
Salt Pack (Iodised)	1 Kg	22.01	21.34	3.14
Bajra (whole)	1 Kg	38.22	37.8	1.11
Jowar (whole)	1 Kg	44.62	43.34	2.95
Maida (wheat)	1 Kg	42.17	41.41	1.84
Ragi (whole)	1 kg	55.46	53.32	4.01
Suji (whole)	1 Kg	47.13	46.24	1.92
Besan	1 Kg	96.21	96.51	-0.31
Desi Ghee	1 Kg	693.57	662.57	4.68
Butter (Pasteurised)	100 gm	59.8	59.04	1.29
Eggs	1 Dozen	86.84	77.19	12.50
Brinjal	1 Kg	43.29	43.03	0.60
Black Pepper (whole)	100 gm	88.13	87.21	1.05
Coriander (whole)	250 gm	41.57	37.06	12.17
Cummin Seed (whole)	100 gm	41	42.1	-2.61
Red Chillies (whole)	100 gm	29.74	27.8	6.98
Turmeric (powder)	50 gm	16.58	16.18	2.47
Banana	1 Kg	50.07	49.61	0.93
Ginger*	250 gm	37.18	-	-
Garlic*	250 gm	43.32	-	-

* Monitoring of the daily prices of Broken Rice (Non-Basmati) started from 9 June, 2026; Ginger and Garlic from 1 Jan, 2026.
