

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1078
TO BE ANSWERED ON 28TH JULY, 2026**

REPRODUCTION HEALTH AWARENESS FOR COUPLES

1078. SHRI CONSTANDINE RAVINDRAN:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has assessed the prevalence of infertility and reproductive health disorders among couples and introduced programmes for promoting awareness of the role of nutrition, stress management and early health screening for obesity, diabetes, thyroid disorder, etc., in preventing infertility;
- (b) the policy framework evolved by Government to promote reproductive health awareness through timely fertility screening, preventive healthcare and lifestyle interventions through public health institutes;
- (c) the collaboration established with State Governments for infertility awareness campaign and for expanding access to reproductive health counselling and early diagnosis; and
- (d) the roadmap prepared to strengthen preventive reproductive healthcare services, particularly for young adults and newly married couples and in underserved areas?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (d) As information provided by Department of Health Research (DHR), a study employing data from the NFHS-5 (2019–2021) found the prevalence of infertility at 18.7 per 1,000 women among those married for at least five years and currently in union. Further, studies conducted in India (1997–2023) reporting overall, primary and secondary infertility prevalence, among females aged 15–49 years. The pooled prevalence of overall infertility, primary infertility and secondary infertility was 8%, 5% and 2% respectively.

‘Public Health’ and ‘Hospitals’ are State subject, the Government of India provides technical and financial support to States/UTs under NHM for implementation of RMNCH+A interventions, adolescent health services, family planning, nutrition interventions and Information, Education and Communication (IEC)/Behaviour Change Communication (BCC) activities. States and UTs undertake awareness campaigns, reproductive health counselling and referral services through Ayushman Arogya Mandirs, Health and Wellness Centres,

Adolescent Friendly Health Clinics, District Hospitals and other public health facilities according to local requirements.

Under the National Health Mission (NHM), the Reproductive, Maternal, New born, Child and Adolescent Health (RMNCH+A) strategy adopts a life-cycle and continuum of care approach, recognizing the importance of nutrition, reproductive health, healthy lifestyle and preventive healthcare from adolescence through reproductive age. The strategy emphasizes nutrition counselling, healthy dietary practices, physical activity, prevention of non-communicable diseases, reproductive health counselling and preventive health check-ups.

In addition, under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD), population-based screening for diabetes, hypertension and common cancers is undertaken at Ayushman Arogya Mandirs and other public health facilities for early detection and management of risk factors that may adversely affect overall health, including reproductive health.

The Government of India is also implementing the National Mental Health Programme (NMHP) through the District Mental Health Programme (DMHP) in 767 districts, with mental health services also integrated into Ayushman Arogya Mandirs. The Government has strengthened tertiary mental healthcare through Centres of Excellence, medical colleges, and Government mental hospitals, including AIIMS. Further, the National Tele Mental Health Programme (Tele-MANAS) is operational across 36 States/UTs, providing accessible tele-mental health counselling and care services in multiple languages.

Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).
