

GOVERNMENT OF INDIA  
MINISTRY OF TRIBAL AFFAIRS  
**RAJYA SABHA**  
**UNSTARRED QUESTION NO. 1422**  
TO BE ANSWERED ON 11.02.2026

**Improvement in health and nutrition of tribal people**

**1422# Smt. Seema Dwivedi:**  
**Shri Chunnilal Garasiya:**  
**Smt. Ramilaben Becharbhai Bara:**  
**Shri Sadanand Mhalu Shet Tanavade:**

Will the Minister of *Tribal Affairs* be pleased to state:

- (a) the names of health and nutrition programmes that have been implemented in tribal-majority districts during the last three-years;
- (b) whether recent data indicates any changes in anaemia, malnutrition or maternal health indicators among the tribal population
- (c) if so, the details thereof; and
- (d) the details of the corrective actions prescribed for highly affected districts

**ANSWER**

MINISTER OF STATE FOR TRIBAL AFFAIRS  
(SHRI DURGA DAS UIKEY)

(a) to (d) As per information of Ministry of Health and Family welfare, the National Health Mission (NHM) provides support for improvement in health infrastructure, availability of adequate human resources in health facilities, to improve availability and accessibility to quality healthcare across the country.

Various initiatives carried out under NHM by the Government of India in the country are operationalisation of Ayushman Arogya Mandir (AAM), Free Drugs Service Initiative, Free Diagnostic Service Initiative, National Ambulance Services, Mobile Medical Units, ASHAs, 24 x 7 Services and First Referral Facilities, Prime Minister's National Dialysis Programme, various activities under Reproductive & Child Health, Anaemia Mukta Bharat (AMB) strategy, TB Mukta Bharat Abhiyaan and Universal Immunization programme.

The Ministry of Health and Family Welfare is implementing Reproductive, Maternal, New born, Child, Adolescent Health and Nutrition (RMNCAH+N) strategy in a life cycle approach under NHM, which includes interventions to increase awareness and address undernutrition including calorie deficiency and protein malnutrition across the country are as below:

- **Facility Based New-born Care:** Neonatal Intensive Care Units (NICUs)/ Special Newborn Care Units (SNCUs) are established at Medical College and District Hospital, New-born Stabilization Units (NBSUs) are established at First Referral Units (FRUs)/Community Health Centres (CHCs) for care of sick and small babies.
- **Kangaroo Mother Care (KMC)** is implemented at facility and community level for low birth weight/ pre-term babies. It includes early and prolonged skin-to-skin contact with the mother or family member and exclusive and frequent breastfeeding.
- **Mothers' Absolute Affection (MAA):** Early initiation and exclusive breastfeeding for first six months and appropriate Infant and Young Child Feeding (IYCF) practices are promoted under Mothers' Absolute Affection (MAA).
- **Nutrition Rehabilitation Centres (NRCs)** are established at public health facilities where children with Severe Acute Malnutrition (SAM) and medical complications are admitted for treatment.
- **Lactation Management Centres** are established to ensure availability of Mother's Own Milk or safe, pasteurized Donor Human Milk for feeding of sick, preterm, low birth weight babies admitted in Neonatal Intensive Care Units and Special Newborn Care Units.
- **Anemia Mukht Bharat (AMB)** is implemented to reduce the prevalence of anemia among six beneficiary groups - Children (6-59 months), Children (5-9 years), Adolescents (10-19 years), Women of reproductive age (15-49 years), pregnant women and lactating mothers in a lifecycle approach.
  - National Deworming Day (NDD)
  - Vitamin A supplementation Programme
  - Home Based New-born Care (HBNC) and Home-Based Care of Young Children (HBYC) programme
  - Monthly Village Health, Sanitation and Nutrition Day (VHSND)

Under Mission Poshan 2.0, the Government focuses on Maternal Nutrition, Infant and Young Child Feeding Norms, treatment of Severe Acute Malnutrition (SAM)/ Moderate Acute Malnutrition (MAM) and wellness through AYUSH practices to reduce prevalence of wasting, stunting, anaemia and being underweight. Supplementary Nutrition is provided to children age 6 months to 6 years, pregnant women, lactating mothers and adolescent girls at Anganwadi centres as per nutrition norms, based on principles of diet diversity that provides quality protein, healthy fats and micronutrients.

There are various mechanisms and survey agencies which generate data on tribal healthcare on a periodic basis. National Family Health Survey (NFHS) provides details on major changes in anaemia, malnutrition and maternal health indicators among the high-burden tribal districts across the country. Census of India provides population and household details including Tribal areas. National Sample Survey provides household surveys on various socioeconomic subjects. The State-wise list of key indicators NFHS-5 may be extracted from below mentioned link:

[http://rchiips.org/nfhs/districtfactsheet\\_NFHS-5.shtml](http://rchiips.org/nfhs/districtfactsheet_NFHS-5.shtml)

Under NHM, this Ministry provides technical and financial support to the States/UTs, including Maharashtra, to strengthen the public healthcare system in rural areas, based on the proposals received in the form of Programme Implementation Plans (PIPs). Government of India provides approval for the proposals received in the form of Record of Proceedings (RoPs) as per norms & available resources.

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