

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1207
TO BE ANSWERED ON 10TH FEBRUARY, 2026**

RISING BURDEN OF NON-COMMUNICABLE DISEASES IN PUNJAB

1207. DR. VIKRAMJIT SINGH SAHNEY:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether recent studies including NFHS-5 and ICMR-NCD reports indicate a high prevalence of hypertension, diabetes, obesity, respiratory diseases and cancer in Punjab;
- (b) whether Punjab figures are above the national average for key NCD indicators;
- (c) the major factors contributing to this trend;
- (d) the steps taken under National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) to strengthen screening, prevention and treatment in Punjab; and
- (e) the funds allocated and utilised for Punjab during the last three years and outcomes achieved?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

- (a) and (b) State Government of Punjab has informed that as per available data from National Family Health Survey-5 (NFHS-5) and cancer registries maintained by Indian Council of Medical Research (ICMR) and Population-Based Cancer Registries, Punjab shows a comparatively high burden of certain non-communicable diseases. NFHS-5 indicates that prevalence of hypertension among both men and women in Punjab is higher than the national average, while diabetes prevalence is broadly comparable to national levels with marginal variation across sexes. Cancer incidence data from ICMR 2021 and Population-Based Cancer Registries for selected districts in the State reflect age-adjusted incidence rates that are comparable to, and in some urban areas higher than, national averages.
- (c) Unhealthy diets, sedentary lifestyles and environmental factors are key contributors to the rising prevalence of Non-communicable diseases. The increasing consumption of processed foods, reduced physical activity, and lifestyle changes have further intensified this growing incidence, affecting both urban and rural populations.

(d) The Department of Health and Family Welfare provides technical and financial support to States and Union Territories across the country including Punjab under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) as part of the National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, screening, early diagnosis, referral, treatment, and health promotion for Non-Communicable Diseases (NCDs). Under NP-NCD, 770 District NCD Clinics, 364 District Day Care Cancer Centres (DCCC) including Punjab, and 6,410 NCD clinics at Community Health Centres have been set up across the country.

The Central Government implements Strengthening of Tertiary Care Cancer Facilities Scheme under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD), a centrally sponsored scheme, 19 State Cancer Institutes (SCIs) and 20 Tertiary Care Cancer Centres (TCCCs) have been approved. In the state of Punjab, Government Medical College, Amritsar has been approved as a SCI and Civil Hospital, Fazilka has been approved as TCCC. Further 6 DCCCs have been approved for the financial year 2025-26 to ensure cancer care accessibility at district hospital level.

A population-based initiative for the prevention, control and screening of common non-communicable diseases (NCDs) i.e. diabetes, hypertension, oral, breast and cervical cancer has been rolled out across the country. Under the initiative, persons over 30 years of age are targeted for their screening for the common NCDs.

Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs) including Punjab.

(e) Under NHM, funds to the tune of Rs. 1937.16 cr has been released to the State of Punjab from the FY 2022-23 to FY 2025-26 (up to 05.02.2026). The details of year wise release is as below :

(Rs. In crore)

Financial Year	Central Share Release
2022-23	448.89
2023-24	91.49
2024-25	878.21
2025-26	518.57