

GOVERNMENT OF INDIA
MINISTRY OF AYUSH
RAJYA SABHA
STARRED QUESTION NO. 108
TO BE ANSWERED ON 10th FEBRUARY 2026
Suposhit Bharat initiative

108 **Smt. Sumitra Balmik:**

Will the Minister of *Ayush* be pleased to state:

- (a) the details of the Suposhit Bharat initiative and the specific Ayush-based dietary interventions (Ayush Aahar) introduced in Anganwadis of Madhya Pradesh to combat malnutrition among women and children;
- (b) whether the Ministry is promoting Garbh Sanskar modules in Ayush Health and Wellness Centers to ensure the mental and physical well-being of pregnant women in rural areas; and
- (c) the data regarding the distribution of AYUSH-64 and other immunity-boosting kits to vulnerable populations in the tribal districts of Madhya Pradesh?

ANSWER

THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH

(SHRI PRATAPRAO JADHAV)

- (a) to (c) A statement is laid on the Table of the House.

The Statement referred in reply to Rajya Sabha Starred Question No.108 for 10.02.2026

(a) The Government is addressing malnutrition among women and children through Mission Saksham Anganwadi and Poshan 2.0, which includes Poshan Abhiyaan, Anganwadi Services and the Scheme for Adolescent Girls, and is implemented through Anganwadi Centres across the country, including Madhya Pradesh. Under Mission Poshan 2.0, a new strategy has been made for reduction in malnutrition and for improved health, wellness and immunity through activities like community engagement, outreach, behavioural change and advocacy. Ayush healthcare has been given due emphasize in Poshan 2.0 through anganwadi centers with a focus on prevention of diseases and promotion of wellness through Yoga, cultivation of medicinal herbs in Poshan Vatikas, and preparation of Ayush formulations to address conditions like anaemia.

As part of these efforts, 31,709 Poshan Vatikas have been developed in Anganwadi Centres in Madhya Pradesh, while more than 3.13 lakh Poshan Vatikas have been developed across the country. The Ministry of Ayush participated in Poshan Maah and Poshan Pakhwada organized by the Ministry of Women and Child Development (MWCD) through its National Ayush Mission (NAM), National Institutes, Research Councils and Ayush Colleges across the country, during which more than four crore Ayush-based activities were conducted nationwide from 2021-2025.

The Suposhit Gram Panchayat Abhiyaan under Mission Saksham Anganwadi and Poshan 2.0 of MWCD launched on 26 December 2024, incentivises top performing Gram Panchayats to strengthen Anganwadi services and nutrition related activities with a focus on measurable improvements in nutritional outcomes of children, pregnant women and lactating mothers. However there is no specific initiative titled Suposhit Bharat.

(b) Yes, under NAM, the service delivery framework of Ayush Health and Wellness Centres, now known as Ayushman Arogya Mandirs (Ayush), envisages care during pregnancy and childbirth as one of its activities through preventive pregnancy care (Garbhini Charya), including appropriate food and lifestyle practices for the woman and family, specific dietary preparations, use of home remedies, and Yoga.

Further Supraja program (Ayush Maternal & Neonatal Intervention) under NAM is a specialized initiative aimed at promoting maternal and neonatal health outcomes by

integrating Ayush-based preventive, promotive, and therapeutic care into existing public health systems.

(c) Yes, as per the data received from Directorate of Ayush, Government of Madhya Pradesh immunity-boosting kits were distributed to vulnerable populations in all 51 districts of Madhya Pradesh, including 20 tribal districts. The kits contained AYUSH-64 and other immunity-boosting Ayush medicines, such as Ayush Kadha, Trikatu Churna, Sanshamani Vati, Anu Taila, Arsenicum Album and Khameera Marwareed. The details are enclosed as Annexure I.

Also the Central Council for Research in Ayurvedic Sciences (CCRAS), an autonomous organization under Ministry of Ayush is providing Ayurveda Health care services in tribal dominant areas across the country at the door steps, through the Tribal Health Care Research Programme (THCRP) under the Development Action Plan for Scheduled Tribes (DAPST) through 14 CCRAS institutes in 14 states, including Madhya Pradesh state. Under this programme, Ayuraksha Kits containing Chyawanprash, Ayush Kwatha, Samshamani Vati, and Anu Taila were distributed by the CCRAS-Regional Ayurveda Research Institute (RARI), Gwalior, in Scheduled Tribe-dominated areas of Chhindwara district, specifically Block Tamia, Madhya Pradesh, during the financial year 2021-22.

Annexure I

The data of the distribution of AYUSH-64 and other immunity-booster medicines during Covid-19 pandemic to vulnerable populations in the tribal districts of Madhya Pradesh

S. No.	Name of Tribal District	AYUSH 64 (pack of 40 tablets) No. of packets
1	Umaria	1000
2	Anuppur	1000
3	Seoni	1000
4	Narmadapuram	1000
5	Betul	1000
6	Mandla	1000
7	Sheopur	1000
8	Dhar	1000
9	Barwani	1000
10	Burhanpur	1000
11	Jhabua	1000
12	Khargone	1000
13	Khandwa	1000
14	Alirajpur	1000
15	Balaghat	1000
16	Ratlam	1000
17	Dindori	1000
18	Chhindwara	1000
19	Sidhi	1000
20	Shahdol	1000
	Total:	2,00,000