

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 290
TO BE ANSWERED ON 2ND DECEMBER, 2025**

**STRATEGIES AND PROGRAMMES TO REDUCE THE PREVALENCE OF
CHRONIC DISEASES**

290. DR. M. DHANAPAL:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the Government's current strategies and programmes to reduce the prevalence of chronic diseases such as diabetes and heart conditions across the country;
- (b) Government's efforts to enhance adult vaccination coverage and lower vaccine preventable diseases across all age groups; and
- (c) the Measures Government is implementing to improve health care infrastructure including access to medical facilities and affordable health care services nationwide?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (c): Ministry of Health and Family Welfare provides technical and financial support to States and Union Territories across the country under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD) as part of the National Health Mission (NHM). The Programme focuses on strengthening infrastructure, human resource development, screening, early diagnosis, referral, treatment, and health promotion for Non-Communicable Diseases (NCDs) as per need and proposal from the State and Union Territories. Under the programme, 770 District NCD Clinics, 233 Cardiac Care Units and 6410 NCD clinics at Community Health Centres have been set up.

A population-based initiative for prevention, control and screening for common NCDs including diabetes and hypertension has been rolled out in the country under National Health Mission (NHM) as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening.

Preventive aspect of NCDs including diabetes and hypertension is strengthened under Comprehensive Primary Health Care through Ayushman Arogya Mandir, by promotion of wellness activities and targeted communication at the community level. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for common NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs). Other initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observance of national and international health days and use of print, electronic and social media for continued community awareness.

Healthy eating is promoted through FSSAI. Eat Right Initiative, Safe and Nutritious Food at Home and Aaj se thodakum' awareness activities are also initiated. This initiative aims to promote both the demand for and the supply of safe and healthy food in a sustainable way. Fit India and

Khleo India movements are implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH.

NCDs patients are getting treatment at various health facilities in the health care delivery system including Community Health Centres, District Hospitals, Medical Colleges, Central Institutes like AIIMS, Central Government hospitals, and private sector hospitals. The treatment in Government Hospitals is either free or highly subsidized for the poor and needy.

Under Free Drugs Service Initiative of NHM, free essential medicines for diabetes and hypertension patients are provided to for poor and needy people as per the proposals received from the States and Union Territories. Quality generic medicines for diabetes and hypertension are made available at affordable prices to all, under 'Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), in collaboration with the State Governments. Affordable Medicines and Reliable Implants for Treatment (AMRIT) provides affordable medicines for treatment of various diseases including diabetes and hypertension.

Under Universal Immunization Programme (UIP), 11 vaccines are provided against 12 Vaccine Preventable Diseases (VPD). 6 new vaccines have been introduced in the National Immunization Schedule, since 2014, under UIP. The Full Immunization coverage for the financial year 2024-25 is 98%.
