

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 270
TO BE ANSWERED ON 2ND DECEMBER, 2025**

INCREASING DIABETES AND THYROID DISEASES

270. SHRI S. SELVAGANABATHY:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government is aware that the number of patients affected by diabetes and thyroid is increasing at high rate, if so, the details thereof;
- (b) the action taken by Government to control the menace;
- (c) whether Government would furnish the root cause for increasing number of diabetes and thyroid patients; and
- (d) the details of patients affected by these diseases during the last three years, State/UTs-wise?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (d): As per the Indian Council of Medical Research (ICMR) report “India: Health of the Nation’s States” published in 2017, the proportion of incidence of Non-Communicable Diseases (NCDs) including cancer, diabetes, and heart disease have increased in India from 30.5% in 1990 to 55.4% in 2016. The detailed report is available at the following link- https://www.healthdata.org/sites/default/files/files/policy_report/2017/India_Health_of_the_Nation%27s_States_Report_2017.pdf

Ministry of Health and Family Welfare provides technical and financial support to States and Union Territories across the country under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD) as part of the National Health Mission (NHM). The Programme focuses on strengthening infrastructure, human resource development, screening, early diagnosis, referral, treatment, and health promotion for Non-Communicable Diseases (NCDs) including diabetes as per need and proposal from the State and Union Territories. Under the programme, 770 District NCD Clinics, 233 Cardiac Care Units and 6410 NCD clinics at Community Health Centres have been set up.

A population-based initiative for prevention, control and screening for common NCDs including hypertension and diabetes has been rolled out in the country under National Health Mission (NHM) as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening.

There are several risk factors associated with diabetes including tobacco and alcohol consumption, low physical activities, unhealthy diets, increase in obesity, consumption of high salt, sugar and saturated fats, etc. The root cause of thyroid is multifaceted but often stem from autoimmune conditions, iodine deficiency or inflammation. Iodine is essential for thyroid hormone production, and deficiency can lead to hypothyroidism, goitre.

The details of patients affected by diabetes during the last three years, State and Union Territories-wise data is placed at **Annexure**.

Annexure

State/ UT	FY 2023-24			FY 2024-25			FY 2025-26		
	Diabetes Screened	Diabetes Diagnosed	Diabetes Under Treatment	Diabetes Screened	Diabetes Diagnosed	Diabetes Under Treatment	Diabetes Screened	Diabetes Diagnosed	Diabetes Under Treatment
PAN INDIA	81,528,752	5,016,404	5,009,553	157,626,280	8,987,679	8,987,702	114,563,427	9,070,759	9,070,639
Andaman & Nicobar Islands	34,717	3,737	3,736	71,073	6,969	6,969	30,172	3,223	3,223
Arunachal Pradesh	25,541	996	994	120,809	1,886	1,886	67,782	1,809	1,809
Assam	1,961,733	62,832	62,832	6,326,849	354,793	354,800	3,411,587	333,094	333,094
Bihar	8,455,393	50,974	50,968	17,874,438	350,363	350,363	12,187,071	343,667	343,667
Chandigarh	25,798	3,501	3,484	350,637	11,458	11,458	215,931	14,329	14,329
Chhattisgarh	4,806,016	265,431	265,079	5,568,991	316,555	316,555	4,483,893	304,711	304,695
Delhi	44,528	104	101	722,091	3,680	3,680	828,024	6,111	6,111
Goa	66,908	13,475	13,442	81,907	23,186	23,186	137,392	36,255	36,255
Gujarat	17,498,687	987,334	987,094	24,860,526	1,560,702	1,560,702	17,377,397	2,218,898	2,218,898
Haryana	2,487,905	119,063	118,934	4,787,874	255,791	255,791	3,104,336	211,835	211,835
Himachal Pradesh	2,735,093	87,636	87,633	2,397,935	93,061	93,061	1,562,236	68,498	68,498
Jammu & Kashmir	2,157,165	48,623	48,614	3,652,407	83,737	83,737	2,849,073	85,948	85,948
Jharkhand	1,495,013	17,203	17,193	3,050,322	60,904	60,904	2,511,102	95,394	95,394
Karnataka	6,361,375	836,133	832,074	10,192,965	1,162,393	1,162,393	7,104,899	808,388	808,388
Ladakh	95,493	895	895	114,009	2,017	2,017	107,550	2,830	2,830
Lakshadweep	732	108	108	840	352	352	7,197	1,002	1,002
Madhya Pradesh	9,040,430	655,796	655,225	14,207,150	838,952	838,952	12,115,368	841,803	841,796
Maharashtra	5,215,790	615,225	614,670	14,600,414	1,206,733	1,206,733	16,509,504	1,287,418	1,287,418
Manipur	24,118	3,543	3,542	546,225	17,082	17,082	234,081	28,711	28,711
Meghalaya	93,634	2,591	2,591	290,073	9,475	9,475	241,502	8,928	8,923
Mizoram	292,668	1,063	1,063	312,843	2,961	2,961	123,366	5,345	5,345
Nagaland	14,140	3,114	3,100	89,530	4,023	4,023	64,627	4,854	4,854
Odisha	5,390,401	339,473	339,153	9,605,157	596,525	596,525	8,052,400	392,361	392,303
Puducherry	81,289	18,982	18,971	119,094	12,424	12,424	24,319	11,999	11,999
Punjab	671,215	86,744	86,736	3,765,301	228,241	228,257	2,595,574	240,076	240,076
Rajasthan	3,341,619	240,251	239,780	10,715,307	491,491	491,491	15,457,003	777,872	777,838
Sikkim	47,852	3,670	3,663	136,954	8,414	8,414	69,385	7,545	7,545
Telangana	918,221	457,516	457,516	13,622,001	1,117,051	1,117,051	996,198	848,394	848,394
Tripura	268,606	14,550	14,539	1,057,395	26,276	26,276	687,597	25,337	25,337
Uttar Pradesh	7,087,387	54,560	54,560	6,808,280	86,119	86,119	4,954	3,047	3,047
Uttarakhand	789,285	21,281	21,263	1,576,883	54,065	54,065	1,401,907	51,077	51,077