### GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

# RAJYA SABHA UNSTARRED QUESTION NO. 259 TO BE ANSWERED ON $02^{\rm ND}$ DECEMBER, 2025

#### ENHANCEMENT IN THE TELE MANAS APP AND ITS IMPLEMENTATION

#### 259. SMT. MAYA NAROLIYA:

DR. BHAGWAT KARAD:

SHRI BRIJ IAL:

SHRI SHAMBHU SHARAN PATEL:

**SHRI ADITYA PRASAD:** 

SHRI KESRIDEVSINH JHALA:

**DR. SUMER SINGH SOLANKI:** 

DR. MEDHA VISHRAM KULKARNI:

SHRI NARAYANA KORAGAPPA:

**SHRI NARHARI AMIN:** 

SHRI SADANAND MHALU SHET TANAVADE:

SHRI CHUNNILAL GARASIYA:

#### Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the present status of implementation of the enhanced Tele-Mental Health Programme (Tele-MANAS) along with budgetary allocations and expenditure made so far and the new features introduced in the Tele-MANAS App;
- (b) whether the application has been made available in regional languages and for persons with disabilities to improve accessibility;
- (c) if so, the details thereof; and
- (d) the number of users who have availed mental health services through the Tele-MANAS platform since its inception and during the current year?

## ANSWER

## THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

(a) to (d) The Government has launched a "National Tele Mental Health Programme" on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country.

A total of Rs. 230.98 crore has been allocated and Rs. 140.69 crore has been released under National Tele Mental Health Programme from the year 2022-23 to 2024-25.

The Government has established a dedicated Tele-MANAS Cell at the Armed Forces Medical College (AFMC), Pune to extend tele-mental health assistance and support to all Armed Forces service personnel and their dependents, further enhancing the mental health care services available to them.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well-being to mental disorders.

Tele-MANAS Mobile Application has been expanded to include 10 additional regional languages — Assamese, Bengali, Gujarati, Kannada, Malayalam, Marathi, Tamil, Telugu, Odia, and Punjabi — along with the previously available languages, English and Hindi.

Tele MANAS Mobile Application also assists visually challenged persons by making its mental health services accessible through a specially designed, user-friendly digital interface and a toll-free phone line that does not require screen use.

The Government has also launched the video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

As on 27.11.2025, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 29.82 lakh calls have been handled on the helpline number since inception. Total number of calls handled through the Tele-MANAS platform during the current year is 12,33,399.

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