

GOVERNMENT OF INDIA
MINISTRY OF EDUCATION
DEPARTMENT OF HIGHER EDUCATION
RAJYA SABHA
UNSTARRED QUESTION NO. 1957
ANSWERED ON 17/12/2025

Support Centres and Career Counsellors

1957 Shri Anil Kumar Yadav Mandadi:

Will the Minister of **Education** be pleased to state:

- (a) whether Government has set up support centres and Career Counsellors for students in the Institutes of Higher Education across the country;
- (b) if so, the details thereof; and
- (c) if not, the reasons therefor?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF EDUCATION
(DR. SUKANTA MAJUMDAR)

(a) to (c): University Grants Commission (UGC) has taken several initiatives to provide support to the students pursuing higher education which inter-alia includes the enactment of *UGC (Redress of Grievance of Students) Regulations, 2019*, which provides for setting-up a grievance redressal mechanism for students to lodge their complaints related to admissions, irregularities, victimization and sexual harassment. UGC has developed a single window system 'UGC e-Samadhaan" to streamline the mechanism helping students to resolve their grievances.

UGC (Promotion of Equity in Higher Educational Institutions) Regulations, 2012 has been enacted which provides for establishment of Equal Opportunity Cell in Higher Educational Institutions (HEIs) to promote inclusivity and address discrimination.

UGC has formulated "*Guidelines for Promotion of Physical Fitness, Sports, Students' Health, Welfare, Psychological and Emotional Well Being at HEIs of India*" on 13.04.2023, which mandates the creation of dedicated counselling cells in colleges and universities, having mental health counsellors to help students tackle academic and peer pressure, stress, and depression. The Ministry of Education on 10.07.2023 has also circulated a broad framework for emotional and mental well-being of students in Higher Education Institutes (HEIs) with request to take proactive measures to incorporate the same in the institutional functioning and instill a feeling of confidence in the student community. These guidelines lay emphasis inter alia on sports, yoga, meditation etc. to address the wellbeing and mental health concerns. HEIs are promoting the integration of yoga in the academic life on campus by introducing year long yoga event calendars, dedicated courses on yoga etc.

Department of Higher Education has initiated the Integrated approach for Promoting Positive Mental Health, Resilience, and Wellbeing under the Malaviya Mission Teacher Training Programme to empower faculty to address student mental health concerns for early intervention.

Further, Indian Institutes of Technology(s) (IIT) have also established Student Wellness Centres (SWCs) to promote student well-being through volunteer programs, student counselling/training sessions and grievance redressal mechanisms. Beyond utilizing professional online counselling platforms, IITs also employ mental health professionals, including counselors, psychiatrists, and psychometricians to provide in-person counseling and support to the students.
