GOVERNMENT OF INDIA MINISTRY OF HOME AFFAIRS

RAJYA SABHA UNSTARRED QUESTION NO. 1195

TO BE ANSWERED ON THE 10TH DECEMBER, 2025/ AGRAHAYANA 19, 1947 (SAKA)

SUICIDE RATE IN INDIA

1195 SHRI DEREK O' BRIEN:

Will the Minister of HOME AFFAIRS be pleased to state:

- (a) whether it is a fact that suicide cases in India has increased over the last three years;
- (b) if so, the State-wise/UT-wise number of suicide cases for the last five years;
- (c) gender-wise, occupation-wise and age-wise breakup of suicide cases for the last five years;
- (d) whether Government has assessed the reason for increase in suicide cases, if so, details thereof; and
- (e) whether Government has formulated any plan for suicide prevention, if so, details thereof, and if not, reasons therefor?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HOME AFFAIRS (SHRI NITYANAND RAI)

(a) to (c): National Crime Records Bureau (NCRB) compiles and publishes information on deaths due to suicides, received from States/Union Territories, in its publication "Accidental Deaths& Suicides in India". Published reports are available till the year 2023. State/UT-wise details of suicides in the country during 2019-2023; Profession-wise & Gender-wise

distribution and Age-wise & Gender-wise distribution of suicides committed during 2019-2023 are available on NCRB website (http://ncrb.gov.in).

(d) & (e): To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP), component of the NMHP, has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc.

In addition to the above, the Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.81 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines and training manuals for various cadres on Mental, Neurological, and Substance Use Disorders (MNS) at

Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat.

The Government has launched a "National Tele Mental Health Programme" on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 27.11.2025, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 29,82,000 calls have been handled on the helpline number.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well being to mental disorders. In addition, a video consultation facility has been introduced under Tele-MANAS, as an upgrade to the existing audio calling service.

There are 47 Government run mental hospitals in the country, including 3
Central Mental Health Institutions, viz. National Institute of Mental Health
and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional
Institute of Mental Health, Tezpur, Assam and Central Institute of

R.S.US.Q.NO. 1195 FOR 10.12.2025

Psychiatry, Ranchi. Mental Health Services are also provisioned in all AIIMS.

The Government has also released the National Suicide Prevention Strategy in November, 2022. The Strategy is available on the website of the Ministry of Health & Family Welfare (https://mohfw.gov.in/sites/default/files/National%20Suicide%20Prevention%20Strategy.pdf).
