

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1076
TO BE ANSWERED ON 09TH DECEMBER, 2025**

STATUS OF MENTAL HEALTH OF CHILDREN IN THE COUNTRY

1076# DR. RADHA MOHAN DAS AGRAWAL:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the percentage of children with psychological, psychosomatic and mental illnesses in different regions of the country; and
- (b) the facilities available in the country for the diagnosis and treatment?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) and (b) As per the National Mental Health Survey (NMHS), 2015-16 of India conducted by the Government through the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru in 12 States of the country, the prevalence of mental health disorders in the age group 13-17 years is about 7.3%.

To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels for all including elderly, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

There are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam and Central Institute of Psychiatry, Ranchi. Mental Health Services are also provisioned in all AIIMS.

The Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.81 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs.

“Emotional Wellbeing and Mental Health” is incorporated as a dedicated module under Ayushman Bharat School Health & Wellness Programme. Health and Wellness Ambassadors (Teachers) are trained on mental health along with other thematic areas of the programme, take interactive sessions with the students and percolate the messages through weekly sessions promoting joyful learning.

Under Rashtriya Bal Swasthya Karyakram (RBSK) Mobile Health Teams (MHT) conduct health screening of children from birth to 18 years of age for the four Ds-Defects at birth, Diseases, Deficiencies, and Development delays, spanning 32 common health conditions for early detection and treatment and management, including surgeries at the tertiary level. The RBSK focuses on improving the quality of life of children and providing comprehensive care to them in the community.

Telemanas-14416, a National Mental Health Helpline service provides counselling service by trained counsellors and Mental Health Professionals. It also features video calling facility & referral system for in-person appointments with Mental Health Professionals at DMHP for diagnosis & treatment ensuring continuum of care.
