

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 1890  
TO BE ANSWERED ON 05<sup>TH</sup> AUGUST, 2025**

**MENTAL HEALTH AWARENESS**

**1890. SHRI DHANANJAY BHIMRAO MAHADIK:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the initiatives taken to increase mental health awareness and reduce stigma;
- (b) the number of dedicated mental health facilities and trained professionals available;
- (c) whether tele-mental health services have been expanded; and
- (d) the budgetary allocation and plans to integrate mental health care within the primary healthcare system?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI PRATAPRAO JADHAV)**

- (a) & (b) To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission.

To generate awareness among masses about mental illness, Information, Education and Communication (IEC) activities and awareness generation activities in the community, schools, workplaces, with community involvement are an integral part of NMHP.

The District Mental Health Programme (DMHP) is implemented to detect, manage and treat mental illness with the major components of counselling in schools and colleges, work place stress management, life skills training, suicide prevention services and Information, Education and Communication (IEC) activities for generation of awareness and removal of stigma associated with Mental Illness.

Under the tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the

Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties.

There are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam and Central Institute of Psychiatry, Ranchi. Mental Health Services are also provisioned in all AIIMS.

As per information received from Rehabilitation Council of India (RCI), 4309 Clinical Psychologists and 801 Rehabilitation Social Workers are registered in Central Rehabilitation Register of RCI.

The Government is also augmenting the availability of manpower to deliver mental healthcare services in the underserved areas of the country by providing online training courses to various categories of general healthcare medical and para medical professionals through the Digital Academies, established since 2018. The total number of professionals trained under Digital Academies are 48,629.

- (c) The Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 31.07.2025, 36 States/ UTs have set up 53 Tele MANAS Cells. Tele-MANAS services are available in 20 languages based on language opted by States. More than 24 lakh calls have been handled on the helpline number.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well being to mental disorders. The Government has also launched the video consultation facility under Tele-MANAS, as another upgrade to the already existing audio calling facility.

- (d) The funds approved for District Mental Health Programme (DMHP) under the national Health Mission for the Financial year 2024-25 is Rs. 157.62 crore.

The Government is also taking steps to integrate mental healthcare services at primary healthcare level. The Government has upgraded more than 1.77 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental health services have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines and training manuals for various cadres on Mental, Neurological, and Substance Use Disorders (MNS) at Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat.

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