

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 1093  
TO BE ANSWERED ON 29<sup>TH</sup> JULY, 2025**

**RIISING CASES OF NON-COMMUNICABLE DISEASES IN THE COUNTRY**

**1093. SHRI JOSE K. MANI:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has conducted any research/study into the rising cases of non-communicable diseases (NCDs) in the country;
- (b) if so, the details and findings thereof; and
- (c) the measures being taken to address the rise in NCDs such as diabetes, hypertension, and cardiovascular diseases, which have been exacerbated by lifestyle changes in the country?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SHRI PRATAPRAO JADHAV)**

(a) and (b) Indian Council of Medical Research (ICMR), Public Health Foundation of India (PHFI) and Institute for Health Metrics and Evaluation (IHME) conducted study on the Non-Communicable Diseases (NCDs) time to time. The study suggested that the proportion of Non-Communicable Diseases (NCDs) in India has risen from 30.5% in 1990 to 55.4% in 2016. This increase is primarily attributed to several key risk factors, including unhealthy diet, low levels of physical activity, high blood pressure, high blood sugar, high cholesterol, and elevated Body Mass Index (BMI).

(c) The Department of Health and Family Welfare provides technical and financial support to States and Union Territories across the country under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD) as part of the National Health Mission (NHM). The programme focuses on strengthening infrastructure, human resource development, screening, early diagnosis, referral, treatment, and health promotion for Non-Communicable Diseases (NCDs). Under the programme, 770 District NCD Clinics, 364 Day Care Cancer Centres, and 6410 NCD Clinics at Community Health Centres have been set up.

A population-based initiative for screening, management and prevention of common NCDs have been rolled out as a part of Comprehensive Primary Health Care in the country under National Health Mission (NHM) through Ayushman Arogya Mandirs. Screening of these common NCDs is

an integral part of service delivery. Under the initiative, persons more than 30 years of age are targeted for their screening.

Preventive aspect of NCDs is strengthened under Comprehensive Primary Health Care through Ayushman Arogya Mandir, by promotion of wellness activities and targeted communication at the community level. Further initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observation of National & International Health Days and use of print, electronic and social media for continued community awareness. The Government of India provides financial support under NHM for awareness generation activities for NCDs to be undertaken by the States and Union Territories. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH.

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