

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
STARRED QUESTION NO. 285
TO BE ANSWERED ON THE 19TH AUGUST, 2025**

RIISING SALT, SUGAR AND TRANS FAT LEVELS IN PACKAGED FOODS

285 SMT. SUDHA MURTY:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Food Safety and Standards Authority of India (FSSAI) has conducted any audit of salt/sugar/fat levels in commonly consumed foods (e.g., biscuits, noodles, snacks);
- (b) if so, whether mandatory front-of-pack labelling will be introduced; and
- (c) whether the FSSAI is considering any plans to regulate portion sizes and child-targeted marketing of processed foods?

**ANSWER
THE MINISTER OF HEALTH AND FAMILY WELFARE
(SHRI JAGAT PRAKASH NADDA)**

- (a) to (c) A Statement is laid on the Table of the House.

**STATEMENT REFERRED TO IN REPLY TO RAJYA SABHA
STARRED QUESTION NO. 285 * FOR 19TH AUGUST, 2025**

(a) to (c): Food Safety and Standards Authority of India (FSSAI) is fully committed to ensure the availability of safe food to the consumers across the country. In order to achieve the mandate, FSSAI conducts regular surveillance, monitoring, inspection and random sampling of various food products. These are conducted throughout the year by the officials of Food Safety Departments of the respective States/ UTs and Regional offices of FSSAI to check compliance with the quality and safety parameters and other requirements including labelling inter alia declaration of nutritional information (sugar, sodium and fat), as laid down under Food Safety and Standards Act, 2006, and Regulations made thereunder.

FSSAI had notified draft Food Safety and Standards (Labelling and Display) amendment Regulation, 2022 on 13th September, 2022 on Front of Pack Nutrition Labelling (FoPNL) Model for comments of stakeholders. More than 14,000 comments were received from stakeholders.

Further, FSSAI has notified the Food Safety and Standards (Safe Food and Balanced Diets for Children in School) Regulations, 2020 outlining the responsibilities of school authorities to ensure the availability of safe and nutritious food on school premises while also promoting balanced diets in and around school campuses.

FSSAI actively promotes food safety and healthy eating habits through social media campaigns like “*Har Label Kuch Kehta Hai*” and “*Aaj Se Thoda Kam*”, which encourage informed choices and moderation in fat, salt and sugar intake. Supporting initiatives such as “*Stop Obesity*” and “*Fight Obesity*” feature educational content, testimonials, animated videos and targeted hashtags across platforms like Twitter, Instagram, Facebook, Public App and YouTube. Additionally, the “*Eat Right Quiz on Obesity*” was launched with MyGov in April, 2025 to engage the public in an interactive and informative manner.
