

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 930
TO BE ANSWERED ON 11TH FEBRUARY, 2025**

MENTAL HEALTH ISSUES IN THE SOCIETY

930. SHRI ABDUL WAHAB:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that, there is an increase in the mental health issues amongst the various sections of our society;
- (b) if so, the details thereof and the reason therefor;
- (c) whether Government is considering to conduct any study to understand the challenges of mental health issues amongst the people;
- (d) if so, the details thereof; and
- (e) if not, the reason therefor?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (e) As per National Mental Health Survey (NMHS) conducted in 2016 by the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States of the country, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%. The major findings of the survey are as under:

- i. The prevalence of mental morbidity is high in urban metropolitan areas.
- ii. Mental disorders are closely linked to both causation and consequences of several non-communicable disorders (NCD).
- iii. Nearly 1 in 40 and 1 in 20 persons suffer from past and current depression, respectively.
- iv. Neurosis and stress related disorders affect 3.5% of the population and was reported to be higher among females (nearly twice as much in males).
- v. Data indicate that 0.9 % of the survey population were at high risk of suicide.
- vi. Nearly 50% of persons with major depressive disorders reported difficulties in carrying out their daily activities.
