# **GOVERNMENT OF INDIA**

## MINISTRY OF AYUSH

## **RAJYA SABHA**

## **UNSTARRED QUESTION NO. 807**

## TO BE ANSWERED ON 11.02.2025

### NAM in Kushinagar

807 Shri Kunwar Ratanjeet Pratap Narayan Singh:

Will the Minister of Ayush be pleased to state:

- a) the number of AYUSH Healthcare and Wellness Centres under the National Ayush Mission (NAM) since its inception particularly in Kushinagar district;
- b) the impact of the mission in reducing out-of-pocket health expenditure through its holistic wellness models;
- c) the measures taken to strengthen AYUSH educational institutions under this mission;
- d) whether the mission emphasizes preventive and promotive healthcare to reduce the disease burden in the country, and if so, the measures taken thereof; and
- e) whether the NAM contribute to the objectives of National Health Policy 2017 by increasing the role of AYUSH in public health?

### ANSWER

#### THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH

## (SHRI PRATAPRAO JADHAV)

(a) Government of India has approved in the year 2019-20 that 12500 Health & Wellness Centres under Ayushmaan Bharat will be operationalised by the Ministry of Ayush under the broad umbrella of Centrally Sponsored Scheme of National Ayush Mission (NAM). Accordingly, as per the proposals received from the State Government of Uttar Pradesh through State Annual Action Plans (SAAPs), 1034 Ayush Health and Wellness Centres now renamed as Ayushman Arogya Mandir (Ayush) have been approved in Uttar Pradesh, including 36 in Kushinagar district.

(b) The main objectives of Ayushman Arogya Mandir-Ayush (AAM-Ayush) are to establish a holistic wellness model based on Ayush principles and practices, to empower masses for "self-care" to reduce the disease burden, out of pocket expenditure and to provide informed choice to the needy public. As per the proposals received from State/UT Governments through SAAPs, 12500 units of Ayush Dispensaries / Sub-Health Centres have been approved to be upgraded as AAM-Ayush in different parts of the country and as reported by the States/UTs presently 12273 units are operational and providing holistic health care to the community through different Ayush interventions including distribution of medicine for

management of common ailments. As reported by State/UT Governments footfall of the beneficiaries visiting to the AAM-Ayush has been subsequently increased after upgradation of Ayush Dispensaries / Sub Centres into AAM-Ayush.

(c) Public Health being a State subject, the primary responsibility to strengthen the Ayush Educational Institutions lies with the respective State/UT Government. However, under the Centrally Sponsored Scheme of National Ayush Mission (NAM), there is provision of financial assistance to the State/UT Governments for strengthening of the infrastructural development of Ayush Educational Institutions. Accordingly, State/UT Governments may avail eligible financial assistance by submitting the suitable proposals through SAAPS as per the provision of NAM guidelines.

d) Yes, Under NAM, State/UT Governments are being supported under various activities including implementation of following structured Ayush Public Health Programmes in different parts of the country to address the problem of masses and reduce the disease burden as per the potentials of Ayush health care systems in providing preventive, promotive, curative and rehabilitative health care as standalone or add on to conventional interventions:-

(i) National Program for Prevention and Management of Musculoskeletal Disorders:-National Program for Prevention and Management of Osteoarthritis & other Musculoskeletal Disorders wherein awareness, screening and Ayush interventions are being focused.

(ii) Integration of Ayush with National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS)

(iii) **SUPRAJA(AYUSH Maternal & Neo-natal Intervention):**For strengthening Ayush based Maternal & Neo-natal Interventions through Ayush teaching hospitals

(iv) VAYO MITRA (AYUSH Geriatric Healthcare Services): Ayush Geriatric Healthcare Services is a program for senior citizens to live healthy productive lives.

(v) **AYURVIDYA:** (Promotion of healthy lifestyle through AYUSH System in School) Ayurvidya program for Healthy Lifestyle through Ayush for School Children.

(vi) **AYUSH Mobile Medical Unit:** Mobile Medical Units are proposed for healthcare in underserved and far flung areas including tribal area through Ayush systems.

(vii) KARUNYA: (AYUSH Palliative Services): Ayush Palliative Services aims to improve Quality of Life in patients under palliative care.

(viii) National Program on AYUSH for morbidity management and Disability Prevention (MMDP) of Lymphatic Filariasis (lymphoedema):Morbidity management and Disability Prevention (MMDP) of Lymphatic Filariasis (lymphoedema) through Ayush interventions. (e) Yes, Ministry is implementing the NAM through State/UT Governments and supporting their efforts to fulfil the objective of National Health Policy 2017 which aims to improve the health and well-being of the population by providing accessible, affordable, and quality healthcare through Ayush System.