

**GOVERNMENT OF INDIA  
MINISTRY OF WOMEN & CHILD DEVELOPMENT**

**RAJYA SABHA  
UNSTARRED QUESTION NO: 3662  
TO BE ANSWERED ON 02.04.2025**

**TRAINING PROGRAMMES FOR ANGANWADI WORKERS AND HELPERS**

3662. SHRI DHANANJAY BHIMRAO MAHADIK:

Will the Minister of Women and Child Development be pleased to state:

- (a) the different types of training programmes provided to Anganwadi workers and helpers under the Anganwadi Services Scheme;
- (b) the number of anganwadi workers who have been given training under the Scheme during each of the last three years in the State of Maharashtra;
- (c) the specific topics covered in the training programmes, including nutrition, early childhood education and health;
- (d) whether Government has introduced digital or online training programmes for Anganwadi workers and helpers; and
- (e) if so, the number of participants who have undergone such training?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF WOMEN AND CHILD DEVELOPMENT  
(SHRIMATI SAVITRI THAKUR)

(a) to (e): Poshan Bhi Padhai Bhi (PBPB) Programme was launched on 10<sup>th</sup> May, 2023 with an objective to improve the quality of education in the Anganwadi centers along with the focus on nutrition.

This national initiative aims to provide all 13.9 lakh Anganwadi Workers (AWWs) with a 5 day in person training - 3 days in Round 1 (2023-25) and 2 days in Round 2 (2025-26). A Two Tier Training PBPB Implementation Model is being followed. Tier 1 involves two days training of State Level Master Trainers (SLMTs). Tier 2 involves a 3 Days Training of Anganwadi Workers (AWWs). It covers curriculum, pedagogy, and assessment tools, emphasizing play-based, activity-based learning.

Capacity-building under PBPB helps to facilitate implementation of Aadharshila (National Curriculum for Early Childhood Care and Education for Children from Three to Six Years) and Navchetana (National Framework for Early Childhood Stimulation for Children from Birth to Three Years) at the Anganwadi Centre level in the mother tongue. Up to 27<sup>th</sup> March, 2025, 36,424 SLMTs have been trained under Poshan Bhi Padhai Bhi programs in Round 1 across the country and 420,360 Anganwadi Workers have been trained across the country including 35,174 AWWs from the State of Maharashtra.

In PBPB Round 1, Day 1 training schedule covers sessions including Introduction to Poshan Bhi Padhai Bhi, Developmental Domains and Play-based ECCE activities, and Weekly and Daily schedule as per Aadharshila and home visits as per Navchetana, Day 2 covers nutrition, including IYCF, SAM/MAM treatment micronutrient deficiencies, Dietary Guidelines, Growth Monitoring, parental engagement and community mobilization, etc. Day 3 covers divyang inclusion and birth to three stimulation, child assessments and learning outcomes, home visits and practices during pregnancy known as “Garbh Sanskar”, States best practices, etc.

The Ministry of Women and Child Development (MWCD) has leveraged the Poshan Tracker application to empower Anganwadi Workers and provide them with continuous digital support and coaching. This initiative aims to enhance their capacity to deliver optimal early childhood care and education services to all children.

As part of the digital training efforts, daily learning prompts based on Aadharshila are sent to all AWWs through the Poshan Tracker app. These include two ECCE activity videos and one voice note summarizing the day’s activities for children aged 3 to 6 years at Anganwadi Centres. The content follows a structured 44-week curriculum, with 36 weeks of active learning and 8 weeks for recap and reinforcement. Over 230 unique videos, 180+ voice notes, and 1,000+ activity PDFs have been uploaded in Hindi, with translations into other languages currently in progress.

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