GOVERNMENT OF INDIA MINISTRY OF EDUCATION DEPARTMENT OF SCHOOL EDUCATION AND LITERACY

RAJYA SABHA UNSTARRED QUESTION NO - 3544 ANSWERED ON - 02/04/2025

Pariksha Pe Charcha for rural and underrepresented group

3544 Shri Narhari Amin::

Will the Minister of EDUCATION be pleased to state:

(a) the detailed breakdown of the ₹ 64.38 crore expenditure during last five years;

(b) the measures, if any, being taken to optimize expenditure while maintaining the impact of Pariksha Pe Charcha;

(c) the manner in which PPC address the educational needs of students from rural regions and underrepresented groups;

(d) whether any strategies are in place to ensure inclusivity; and

(e) if so, the details thereof?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF EDUCATION

(SHRI JAYANT CHAUDHARY)

(a) Pariksha Pe Charcha (PPC) is a unique interactive programme of Hon'ble Prime Minister with students, teachers and parents. The detailed breakdown of \gtrless 64.38 crore expenditure during last five years is as follows:-

Sl.	Date of PPC event	Actual Expenditure
No.		incurred (in crore)
1.	20th January, 2020	Rs. 5.69
2.	7 th April, 2021	Rs. 6.00
3.	1 st April, 2022	Rs. 8.16
4.	27 th January, 2023	Rs. 27.70
5.	29th January, 2024	Rs. 16.83
Total		Rs. 64.38

(b) (i) The impact of Pariksha Pe Charcha interaction is reflected clearly in the participation numbers which have increased from 22,000 in 2018 to 2.26 crore in 2024 and then to 3.56 crore registration in 2025. Further, over 1.55 crore undertook activities of PPC 2025. Hence, total participation was over 5 crore in PPC 2025. The benefits derived from 8th edition of PPC 2025 programme are enhanced awareness and strategies for managing exam-related stress among students, leading to better mental health outcomes, broad participation across diverse regions through direct interaction with influential personalities. It ensures inclusivity, nationwide and global engagement that fosters a sense of community and collective responsibility, motivation through success stories and a holistic approach to students' development, including emotional, physical, and academic growth etc.

(ii) From this year, a new format has been developed for the main event of PPC2025 which spanned eight episodes with prominent personalities and experts including the interaction with the Hon'ble Prime Minister.

(c) PPC addresses the educational needs of students from rural regions and underrepresented groups in the following manner :-

(i) Mental health and its related issues including emotional well being was one of the major topics covered by Hon'ble PM during the recently held PPC which was disseminated on electronic and digital platforms across the country including rural regions and underrepresented groups. Apart from the session of Hon'ble PM, two separate sessions were held on mental health and overcoming them from experts in two of the 7 other episodes that followed. The 7 episodes are – Mental Health issues, Tech and Artificial Intelligence in Studies, Role of Food and Nutrition in Studies, Mindfulness, Delivering under Pressure by Artists, Focus & Pressure Management by Sports personalities and Learning from the toppers.

(ii) Further, to deal with some of the issues related to mental and emotional well being of the students, the National Council of Educational Research and Training (N.C.E.R.T.) has introduced the **Manodarpan** initiative which aims to foster **mental well-being awareness** among teachers, parents, and students while providing direct **psychosocial support**. The programmes are undertaken by Manodarpan include (a) *'Sahyog'* sessions organized with practicing counsellors across different regions for students of classes VI-XII addressing concerns related to mental health and well-being and (b) *'Paricharcha'* webinars organized every Friday with experts in the field of mental health and education. Further, Mental Health Week (4th-10th October) and World Mental Health Day (10th October) celebrations have been facilitated in schools across the country since the year 2020.

(iii) A **National toll-free helpline** (844-844-0632), with countrywide outreach to students from schools, colleges and universities and to their families and teachers, has been extending guidance and support to callers through trained counsellor providing voluntary counselling services since July 2020.

(iv) Also, Awareness and Capacity Building Programmes such as the National School Counsellors' Summit and Substance Abuse in schools has also been organised by the Manodarpan Cell, NCERT.

Maximum inclusivity during PPC2025 programme has been ensured by (d) & (e) including students across diverse socio-economic backgrounds, especially those from rural and remote areas through a combination of outreach efforts by coordinating at all levels with the State Government, Autonomous Bodies running the schools like NVS, KVS, EMRS, schools under Defence, Railway Board amongst others. Extensive activities related to PPC i.e. reduction in exam stress through activities encouraging physical and emotional well-being, were carried out throughout Bharat, over a period of 10 days from 13th January to 23rd January, 2025. On 23rd January, 2025, coinciding with the Birth Anniversary of Netaji Subhas Chandra Bose, in almost all Districts across the country, viewing of the series 'Bharat Hain Hum' - a motivational and inspirational series on several freedom fighters was shown to students and quiz on the same was held. All of these activities resulted in the total participation of over 5 crore in the 8th edition of PPC 2025, ensuring that the participants come from all background; rural, urban, Government, private and also from different countries. Also, in the main episode with Hon'ble Prime Minister, 36 children one each from all States and UTs were represented. Further, in all the other 7 episodes which had 50 to 60 students, students from all States and UTs and from all types of schools participated.

With the success of 8th Edition of PPC, Ministry looks to explore all avenues to ensure that the students, parents and teachers from all parts of the country are able to participate meaningfully in the coming years.