

GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE

RAJYA SABHA
UNSTARRED QUESTION NO. 2814
TO BE ANSWERED ON 25TH MARCH, 2025

LACK OF INFRASTRUCTURE IN MENTAL HEALTHCARE SECTOR

2814. SHRI JAGGESH:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether 99 percent of hospitals do not accommodate mental health patients and rehabilitation centres lack recognition as valid treatment providers;
- (b) whether addiction treatments are excluded, and most hospitals do not accommodate mental health patients, further limiting accessibility; and
- (c) if so, the details thereof, and the measures taken by Government to expand outpatient coverage?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI PRATAPRAO JADHAV)**

(a) to (c) There are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam and Central Institute of Psychiatry, Ranchi. Mental Health Services are also provisioned in all AIIMS.

Under the tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties.

For providing affordable and accessible mental healthcare facilities in the country, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned

for implementation in 767 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

The Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.75 lakh Sub Health Centres (SHCs) and Primary Health Centres (PHCs) to Ayushman Arogya Mandirs. Mental, Neurological, and Substance Use Disorders (MNS) have been added in the packages of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs.

The Ministry of Health & Family Welfare provides treatment (OPD & IPD) & counseling to the drug addicted patients through 06 (Six) Drug Addiction Treatment Centers (DATCs) established in Government Hospitals and 27 Drug Treatment Clinics (DTCs) under Drug De-Addiction Programme (DDAP) in the Country.

The Department of Social Justice & Empowerment (DoSJE) provides financial assistance to Government Hospitals for running and maintenance of Addiction Treatment Facilities (ATFs). Presently, 125 Addiction Treatment Facilities (ATFs) are supported.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 19.03.2025, 36 States/ UTs have set up 53 Tele MANAS Cells and have started tele mental health services. More than 19,67,000 calls have been handled on the helpline number.

The Government has also launched Tele MANAS Mobile Application on the occasion of World Mental Health Day - October 10, 2024. Tele-MANAS Mobile Application is a comprehensive mobile platform that has been developed to provide support for mental health issues ranging from well being to mental disorders.
