GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

RAJYA SABHA UNSTARRED QUESTION NO. 1383 TO BE ANSWERED ON 11th MARCH 2025

IMPLEMENTATION OF THE 75/25 HYPERTENSION AND DIABETES CARE PLAN

1383. DR. SYED NASEER HUSSAIN:

Will the MINISTER OF HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether Government has launched the "75/25" plan aiming to bring 75 million individuals with hypertension and diabetes under standard care by 2025;
- (b) the current progress of this initiative, including the number of primary health care medical officers trained to date;
- (c) the strategies in line to overcome the challenges faced in implementing this plan, particularly in rural and underserved areas; and
- (d) the measures being taken to monitor and evaluate the effectiveness of this initiative in achieving its targets?

ANSWER

THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SHRI PRATAPRAO JADHAV)

- (a) On World Hypertension Day on 17th May 2023, the government has launched the "75/25" plan aiming to bring 75 million individuals with hypertension and diabetes under standard care by December, 2025.
- (b) As on 5th March 2025, 42.01 million have been put on treatment for Hypertension and 25.27 million for Diabetes. 89.7% has been achieved against the target. As per Ayushman Arogya Mandir (AAM) Portal, upto 27th February 2025, total of 38,153 (73%) Medical officers have completed their training.
- (c) & (d) In order to prevent and control major Non Communicable Diseases (NCDs), viz, Hypertension, Diabetes, oral cancer, breast cancer and cervical cancer, the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD) was launched by the Department of Health and Family Welfare, Government of India in 2010. The strategies involve (i) population-based screening for early detection and screening of individual aged 30 years and above (ii) opportunistic screening at all levels in the healthcare delivery (iii) to provide support for diagnosis and cost-effective treatment (iv) leveraging potential of information technology for teleconsultation services to citizens (v) use of National NCD Portal formonitoring NCDs; and (vi) NCD awareness and healthy lifestyle promotions through inter-ministerial coordination.

In view of the escalating burden of NCDs, the Ministry of Health & Family Welfare has launched NCD Screening Campaign (20th February, 2025 to 31st March 2025) to achieve 100% screening of individuals aged 30 years and above. The campaign is conducted nationwide across Ayushman Arogya Mandir and other healthcare facilities under NP-NCD.

Monitoring of this initiative is done by data collection, performance management, and data quality assurance. At the national level, the monthly reports received from the States and Union Territories are compiled and analysed and feedback is sent to the States periodically. The program reports generated from the National NCD Portal dashboard are also analysed at the Centre, State, and District levels as part of a structured monitoring framework.
