

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

RAJYA SABHA

**UNSTARRED QUESTION NO. 820
TO BE ANSWERED ON 03rd DECEMBER, 2024**

YOGA TRAINING TO RURAL WOMEN

820. SHRI GOLLA BABURAO:

Will the Minister of Ayush be pleased to state:

- (a) whether Government is taking measures to provide yoga training to rural women in the country;
- (b) if so, the details thereof;
- (c) if not, the reasons therefor; and
- (d) the details of progress made in this respect?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYUSH
(SHRI PRATAPRAO JADHAV)**

(a) to (d): Ministry of Ayush through its Autonomous bodies imparts training of Yoga to public including Rural Women.

Further, Ministry of Ayush promotes Yoga in the country through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. MDNIY provides various courses for Yoga Education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy, organizes various activities related to Naturopathy and Yoga. The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively.

Also, the Ministry is implementing the Centrally Sponsored Scheme of National AYUSH Mission (NAM) through State/UT Governments for development & promotion of different Ayush systems in the country including Yoga and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per the NAM guidelines. Under National AYUSH Mission (NAM), Ministry of Ayush is implementing the operationalization of 12,500 Ayushman Arogya Mandir through State/UT Governments. At these Ayushman Arogya Mandirs, Yoga is being taught to the public including Rural Women for general health promotion as community-based intervention by qualified Yoga Instructors.