

GOVERNMENT OF INDIA  
MINISTRY OF YOUTH AFFAIRS AND SPORTS  
(DEPARTMENT OF SPORTS)  
**RAJYA SABHA**  
**UNSTARRED QUESTION NO-1265**  
ANSWERED ON - 05/12/2024

**RETIRED SPORTSPERSONS EMPOWERMENT TRAINING PROGRAMME**

1265 # SHRI PRADIP KUMAR VARMA:  
DR. ANIL SUKHDEORAO BONDE:  
SHRI NARESH BANSAL:

Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:

- (a) the specific objectives of the Retired Sportspersons Empowerment Training Programme and the aim it intends to achieve for retired sportspersons in the country;
- (b) the manner in which the programme will enhance the employability of retired athletes and support their career development; and
- (c) the types of training and internship opportunities provided to participants, and how these will contribute to their professional growth?

**ANSWER**

THE MINISTER OF YOUTH AFFAIRS AND SPORTS

(DR. MANSUKH MANDAVIYA)

(a) to (c) The Ministry has launched the Retired Sportsperson Empowerment Training (RESET) Programme on 29.08.2024. This scheme aims at facilitating retired athletes' career development by providing them tailor-made education for their academic enhancement supplemented with internship and empowering them with the necessary knowledge and skills for their transition into a suitable career option. The RESET Programme also aims at addressing the existing human resource gap in the sports sector.

The athletes, who have retired from an active sports career and are aged between 20-50 years and who have been International Medallist/participants in international events or have been National medallists/State medallists/participants in competitions recognized by National Sports Federations/Indian Olympic Association/Ministry of Youth Affairs and Sports are eligible to undergo courses being offered under RESET Programme.

In the initial phase, sixteen courses/programmes, namely, Strength & Conditioning Trainer, Sports Nutritionist, Sports Event Management, Corporate Wellness Trainer, Sports Masseur, Sports Entrepreneurship, Store Manager, Fitness Centre Manager, Physical Education Trainer, Fitness Trainer, Yoga Trainer, Venue Supervisor, Self-Defence Trainer, Community Sports Trainer, Camping & Trekking Guide and Facility Caretaker have been included in RESET Programme.

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