GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

RAJYA SABHA UNSTARRED QUESTION NO. 408 TO BE ANSWERED ON 6th FEBRUARY, 2024

NATIONAL ACTION PLAN FOR PREVENTION AND CONTROL OF NCDS

408: SHRI JAWHAR SIRCAR:

Will the MINISTER OF HEALTH AND FAMILY WELFARE be pleased to state:

- (a) the details of the target set by Government under National Action Plan for Prevention and Control of Non-Communicable Diseases (NCDs);
- (b) the progress in reducing premature deaths due to NCDs by 25 per cent by 2025;
- (c) the detail of the progress made in reducing high blood pressure, obesity and diabetes; and
- (d) the detail of the achievement made vis-à-vis India's committed target under the National Health Policy 2017 to reduce prevalence of current tobacco use by 30 per cent in 2025?

ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (PROF. SATYA PAL SINGH BAGHEL)

(a) to (c): As per the National Health Policy (2017), the target for non-communicable diseases is to reduce premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases by 25% by 2025.

The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD) including diabetes. The programme focuses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs), including Diabetes. For activities upto district level and below, States are given financial assistance under NHM in the ratio of 60:40 (90:10 in case of NE and hilly States). Under NP-NCD, 753 District NCD Clinics and 6237 Community Health Center NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common NCDs i.e. diabetes, hypertension and common cancers has been rolled out as a part of Comprehensive Primary Health Care in the country under NHM. Screening of these common NCDs is an integral part of service delivery under Ayushman Arogya Mandir (erstwhile Ayushman Bharat – Health and Wellness Centres).

Preventive aspect of NCDs has been strengthened under Comprehensive Primary Health Care through Ayushman Bharat Ayushman Arogya Mandir scheme, by promotion of wellness activities and targeted communication at the community level. Other initiatives for increasing

public awareness about NCDs and for promotion of healthy lifestyle includes observation of International & National Health Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs including diabetes to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

(d) The National Health Policy (NHP), 2017 stipulates the target of relative reduction of 15% in tobacco use by 2020 and of 30 % by 2025, from the baseline levels of 2010. As per the Report of the second round of the Global Adult Tobacco Survey (GATS- 2), there has been 17.3% relative reduction in prevalence of tobacco use from 2009-10 to 2016-17. As such, the target set for 2020 has been achieved. Several steps have been taken by the Government to further achieve the target for reduction in prevalence of tobacco use by 2025. Some of the major steps are:-

A comprehensive legislation, namely the Cigarettes and Other Tobacco Products (Prohibition of Advertisement and Regulation of Trade and Commerce, Production, Supply and Distribution) Act, 2003 (COTPA 2003) to regulate the use of tobacco products has been enacted to discourage the use of tobacco, with a view to achieve improvement of public health in general as enshrined in Article 47 of the Constitution. The provisions under COTPA, 2003 and the Rules made thereunder prohibits smoking in public places; ban on sale of tobacco products to and by minors, sale of tobacco products within a radius of 100 yards of educational institutions; prohibition on direct and indirect advertising of tobacco products and mandatory display of specified health warnings.

To further accelerate the efforts towards tobacco control, Government launched National Tobacco Control Programme (NTCP) in 2007-08. The National Tobacco Control Programme aims at discouraging the use of tobacco with special emphasis on protection of children and young people; create awareness about the harmful effects of tobacco consumption through regular and sustained public awareness campaigns; National Tobacco Quitline to provide tobacco cessation services to reach out to tobacco users who are willing to quit tobacco use. The States/UTs undertake drives for enforcement of COTPA 2003, from time to time. Enforcement efforts are also monitored by the State Tobacco Control Cells (STCCs) and District Tobacco Control Cells (DTCCs). The Ministry has also issued the "Guidelines for Tobacco Free Educational Institution (Revised)" for effective implementation of Section-6 of COTPA, 2003.
