

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 589
TO BE ANSWERED ON 25TH JULY, 2023**

INCREASING SUICIDES IN THE COUNTRY

589. SHRI HARNATH SINGH YADAV:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether any steps have been taken by Government to ensure the mental health of citizens who are suffering from mental health problems;
- (b) if so, the details thereof;
- (c) whether Government has laid down any action plan to reduce the rate of suicides taking into account that the National Crime Records Bureau (NCRB) recorded 1,64,033 suicides across the country in 2021; and
- (d) if so, the details thereof?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(PROF. SATYA PAL SINGH BAGHEL)**

- (a) & (b) To enhance the capacity of health services in the country, the Government of India is implementing the National Mental Health Programme (NMHP). Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. The Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties. 22 AIIMS also have provision of Mental Health Services. These services are also available under PMJAY. Further, there are 47 Government run mental hospitals in the country, including 3 Central Mental Health Institutions, State-UT wise list of these institutions is enclosed at Annexure.

The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 738 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions,

continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

The Government is supporting implementation of the District Mental Health Programme (DMHP) under NMHP with the objectives to:

- (i) Provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- (ii) Provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- (iii) Augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.
- (iv) Promote community awareness and participation in the delivery of mental healthcare services.

In addition to the above, the Government is also taking steps to strengthen Mental Health Care Services at Primary Health Care level. Mental health services have been added in the package of services under Comprehensive Primary Health Care under Ayushman Bharat – HWC Scheme. Operational guidelines on Mental, Neurological, and Substance Use Disorders (MNS) at Health and Wellness Centres (HWC) have been released under the ambit of Ayushman Bharat.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 18.07.2023, 31 States/ UTs have set up 42 Tele MANAS Cells and have started mental health services. More than 1,94,000 calls have been handled on the helpline number.

- (c) & (d) The Government has released the National Suicide Prevention Strategy in November, 2022. The National Strategy for Suicide Prevention provides a framework for multiple stakeholders to implement activities for prevention of suicides in India. This national strategy aims to reduce suicide mortality by 10% in the country by 2030. The national strategy includes an action framework with proposed actions with key stakeholders, implementation framework and mechanism, thus providing a path forward for preventing suicides. The key stakeholders envisioned in the Strategy for realising the objectives outline include National Level Ministerial Stakeholder, State Level Governmental Stakeholder, District Level Governmental Stakeholder, NIMHANS, Bengaluru & other apex mental health institutes, and Strategic Collaborators.

Annexure**List of Government Mental Hospitals in the country**

S.No.	State	Name of the Mental Hospital
1	Andhra Pradesh	Government Hospital for Mental Care, Chinnawaltair, Vishakapatnam, Andhra Pradesh
2	Arunachal Pradesh	Mental Hospital, Midpu, Papum Pare District
3	Assam	Lokopriya Gopinath Bordoloi Institute of Mental Health, Tezpur, Dist. Sonitpur, Assam (Central Govt. Institute)
4	Bihar	Institute of Mental Health, Koelwar, Bhojpur, BIHAR
5	Chandigarh	Mental Health Institute, Sector-32, Chandigarh
6	Chhattisgarh	State Mental Health Hospital, Bilaspur, Chhattisgarh
7	Jharkhand	Central Institute of Psychiatry, Kanke, Ranchi, JHARKHAND (Central Govt. Institute)
8		Ranchi Institute of Neuropsychiaty and Allied Science (RINPAS), Kanke, Ranchi, JHARKHAND
9	Delhi	Institute of Human Behavior & Allied Sciences, G.T. Road, P.O. Box 9520, Jhilmil, Delhi
10	Goa	Institute of Psychiatry & Human Behavior, Panaji, GOA
11	Gujarat	Hospital for Mental Health, Bhuj, Gujarat
12		Hospital for Mental Health, Vikasgruh Road, Jamnagar, Gujarat,
13		Hospital for Mental Health, Behind Kapadia High School, Outside Delhi Gate, Shahibaug Road, Ahamedabad, Gujarat
14		Hospital for Mental Health, Karelilbag, Baroda
15	Haryana	State Institute of Mental Health, PGIMS, Rohtak
16	Himachal Pradesh	Himachal Hospital of Mental Health & Rehabilitation, Boileauganj, Shimla, HIMACHAL PRADESH
17	Jammu & Kashmir	The Medical Superintendent, Psychiatric Diseases hospital GMC, Jammu, Ambphalla B.C. Road, Jammu
18		Govt. Hospital for Psychiatric Diseases , Rainawari, Khatidarwaze, Srinagar, Kashmir
19	Karnataka	Karnataka Institute of Mental Health, Belgaum Road, Dharwad, Karnataka
20		National Institute of Mental Health and Neuro Sciences, Bangalore (Central Govt. Institute)
21	Kerala	Mental Health Centre, Oolampara, Thiruvananthapuram, Kerala
22		Govt. Mental Health Centre, Kuthiravattom, Kozhikode, Kerala
23		Govt. Mental Health Centre, Poothole, Thrissur, Kerala
24	Madhya Pradesh	Gwalior Manasik Arogyasala, Central jail Road, Gwalior, Madhya Pradesh
25		Mental Hospital, Banganga Sawyer Road, Indore, Madhya Pradesh
26	Maharashtra	Regional Mental Hospital, Nagpur, Maharashtra
27		Regional Mental Hospital, Yeravda, Pune, Maharashtra

28		Regional Mental Hospital, Wagle Estate, Thane (W) MAHARASHTRA
29		Regional Mental Hospital, Ratnagiri, MAHARASHTRA
30	Meghalaya	Meghalaya Institute of Mental Health & Neurosciences, Shillong, Meghalaya
31	Nagaland	Mental Hospital, Kohima, Nagaland
32	Orissa	Mental Health Institute, S.C.B. Medical College, Cuttack, Orissa
33	Punjab	Dr. Vidyasagar Punjab Mental Hospital. Circular Road, Amritsar
34	Rajasthan	Mental Hospital (Psychiatric Centre), Janta Colony, Jaipur, Rajasthan
35		Mental Hospital, (Psychiatric Center), Shastri Nagar, JODHPUR
36	Tamil Nadu	Institute of Mental Health, Medavakkam Tank Road, Kilpauk, Chennai, Tamil Nadu
37	Telengana	Institute of Mental Health, Govt. Hospital for Mental Care, Hyderabad
38	Tripura	Modern Psychiatric Hospital, Narsingarh, Agartala, West Tripura.
39	Uttarakhand	State Mental Health Institute, Selakui, Dehradun
40	Uttar Pradesh	Institute of Mental Health & Hospital, Billochpura, Mathura Road, Agra, Uttar Pradesh
41		Mental Hospital Bareilly, Civil Lines, Bareilly, Uttar Pradesh
42		Mental Hospital, S2/1 Pandeypur, Varanasi, Uttar Pradesh
43	West Bengal	Lumbini Park Mental Hospital, 115, G.S, Bose Road, Calcutta, West Bengal
44		Institute for Mental Care, Purulia P.O., Purulia, WEST BENGAL
45		Mental Hospital Berhampore, Berhampore Mental Hospital, Berhampore, Murshidabad, WEST BENGAL
46		Institute of Psychaitry7, D.L. Khan Road, Calcutta, West Bengal
47		Calcutta Pavlov Hospital, 18, Gobra Road, Calcutta, West Bengal