

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**RAJYA SABHA
UNSTARRED QUESTION NO -2094
TO BE ANSWERED ON 08.08.2023**

GLOBAL PROMOTION OF SIDDHA MEDICINE AND YOGA

2094. SHRI ABDUL WAHAB:

Will the Minister of **AYUSH** be pleased to state:

- (a) the efforts made by Government to encourage the practice of Yoga and Siddha under Ayush;
- (b) whether Government had conducted any international event to promote Yoga;
- (c) if so, the number of such events conducted, and the amount spent to promote Yoga in the last five years, year-wise;
- (d) whether Government has conducted any international events to promote Siddha medicine; and
- (e) if so, the number of event conducted and the amount spent to promote Siddha in the last five years, year-wise?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a): Ministry of Ayush promotes Yoga through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune.

MDNIY provides various courses for Yoga education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga.

The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively.

At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year.

Considering the need of Yoga enthusiasts worldwide, the Ministry has developed Yoga Break (Y-Break) mobile application. This app is especially designed for persons at work place so as to keep them stay fit and healthy with a view to increase productivity.

Ministry of Ayush and World Health Organization (WHO) had jointly undertaken a project, named, m-Yoga in the year 2019. This envisages the concept of the 'Be Healthy, Be Mobile' (BHBM) under the United Nations Sustainable Development Goals to achieve Universal Health Coverage by 2030. The m-Yoga mobile App was launched by Honorable Prime Minister of India on June 21, 2021 on the occasion of International Day of Yoga-2021.

Ministry of Ayush encourages the research & practice of Siddha through its autonomous bodies namely Central Council for Research in Siddha (CCRS), Tamil Nadu and National Institute of Siddha (NIS), Tamil Nadu. CCRS conducts research in Siddha system of medicine and provides health care facilities for various diseases. NIS is a center of excellence with research & higher education in Siddha System of Medicine as its mission.

The activities and programs of CCRS and NIS are available on the websites i.e. siddhacouncil.com and nischennai.org.

(b) & (c): Ministry of Ayush organized International Day of Yoga (IDY) during the last five years. The Actual Expenditure for IDY minor head of the Information Education and Communication Central Sector Scheme for five years is given hereunder:-

Year	Expenditure (in Rs. Cr.)
2019-20	17.55
2020-21*	7.70
2021-22*	2.84
2022-23	22.87
2023-24 (till date, provisional figures)	8.28

* IDY was observed in Virtual Mode in the year 2020 and 2021.

(d) & (e): Ministry of Ayush has not conducted any international events to promote Siddha medicine.

However, Siddha Day is being observed every year with the aim of promoting Siddha System of Medicine. Central Council for Research in Siddha (CCRS) in joint collaboration with National Institute of Siddha (NIS) organizes Siddha Day.
