

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**RAJYA SABHA
UNSTARRED QUESTION NO. 2086
TO BE ANSWERED ON 08TH AUGUST, 2023**

“USE OF AYURVEDA FOR TREATMENT OF LIFESTYLE DISEASES”

2086. SHRI S. SELVAGANABATHY:

Will the Minister of **AYUSH** be pleased to state:

- (a) whether Government proposes to introduce Indian system of Ayurveda medicines as an effective treatment for lifestyle diseases in view of its increasing popularity;
- (b) if so, the steps taken by Government in this regard;
- (c) whether Government proposes to develop the effective Ayurvedic medicines on a large scale; and
- (d) if so, the details thereof along with the efforts made in this direction?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

- (a) & (b) Yes, Sir. The Central Council for Research in Ayurvedic Sciences (CCRAS), an autonomous body under Ministry of Ayush, Government of India is an apex body in India for undertaking, coordinating, formulating, developing and promoting research on scientific lines in Ayurvedic Sciences. The CCRAS is conducting clinical studies to validate the classical Ayurveda formulations and the Ayurveda drugs under drug development to generate evidence on their clinical safety & efficacy in lifestyle related diseases such as Osteoarthritis, Type 2 Diabetes Mellitus, Essential hypertension etc. CCRAS has validated more than 150 classical Ayurvedic formulations on more than 36 disease conditions including lifestyle diseases such as Osteoarthritis, Diabetes Mellitus, Hypertension, Irritable Bowel Syndrome (IBS), Obesity etc.

The Council has developed AYUSH-82 a formulation for the management of Type 2 Diabetes Mellitus through extensive research and the same has been commercialized for further benefit of public at large. Further, the Council has

conducted study to explore the feasibility of Integration of Ayush (Ayurveda) with NPCDCS (National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular diseases & Stroke) in three districts, viz. Surendranagar (Gujarat), Bhilwara (Rajasthan), Gaya (Bihar) to demonstrate the feasibility of integration of Ayurveda involving 49 CHCs, 3 District Hospitals, and 189 PHCs. A total 111182 patients were enrolled and 145416 Yoga classes were conducted. 1727758 participants had attended Yoga classes. 8303 outreach camps were also conducted. Demonstrated functional integration and research papers have been published.

- (c) & (d) CCRAS has developed formulations for various disease conditions and use to commercialize the technologies to commercial Ayush Drug Manufacturers through National Research Development Corporation, an enterprise of DSIR, Ministry of Science & Technology, Govt. of India. The details of technology transferred are annexed.

Technology Transferred to Industry (13)

S.. No	Product Name	Process	Number of firms to which technologies transferred
1.	AYUSH-64	Ayurvedic Formulation for Malaria and Management of Asymptomatic and Mild to Moderate COVID- 19 Patients.	70
2.	BAL RASAYAN	A Preparation for general resistance in Children.	1
3.	AYUSH Ghutti	A Preparation for Cough, Cold, Fever & Diarrhoea of Children.	2
4.	AYUSH-56	An Anti-Epileptic Preparation.	4
5.	AYUSH –SS granules	A Preparation to enhance the quality and quantity of breast milk in mother	1
6.	AYUSH AG Tablet	A Preparation for Ante Natal Care (Anemia).	1
7.	AYUSH PK Avleha	A Preparation for Post Natal Care (to enhance the process of recovery after	1
8.	AYUSH PG Tablet	A Preparation for Ante Natal Care (Oedema).	1
9.	AYUSH B R Leham	A Preparation for Pediatric Care.	1
10.	KVM Syrup	A Preparation for Pediatric Care. (Vasadi Madhu)	1
11.	AYUSH 82	An Anti-Diabetic Ayurvedic Formulation	11
12.	AYUSH SG	An Anti-Rheumatoid Arthritis Preparation.	7
13.	AYUSH Cardiac Care	Herbal Tea	2
