

**GOVERNMENT OF INDIA
MINISTRY OF HOME AFFAIRS**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1492**

TO BE ANSWERED ON THE 2ND AUGUST, 2023/ SRAVANA 11, 1945 (SAKA)

PSYCHIATRIC CASES IN PARAMILITARY FORCES

1492. SHRI RAKESH SINHA:

Will the Minister of HOME AFFAIRS be pleased to state:

- (a) whether it is a fact that the number of psychiatric cases is increasing in forces like CRPF, BSF, CISF;**
- (b) what are the steps taken to deter such cases and to assist such patients;**
- (c) whether such forces solicit the support of medical colleges and NGOs;**
- (d) how many psychiatric doctors have been regularly employed in respective forces; and**
- (e) what is total such cases identified individually and collectively in these forces for the last three years?**

ANSWER

**MINISTER OF STATE IN THE MINISTRY OF HOME AFFAIRS
(SHRI NITYANAND RAI)**

(a) to (c) No significant increase in number of psychiatric cases in Central Armed Police Forces has been noticed. The average rate of number of psychiatric cases have generally remained nearly the same during the last three years. However, to curb such type of cases following corrective steps are being taken by all Central Armed Police Forces:-

- All personnel are being checked up thoroughly every year by authorized medical attendant during annual medical examination.**
- Diseases detected are being properly treated and if required cases are being referred to specialists in well-equipped hospitals for detailed investigations and opinions etc.**
- Periodical follow-up of chronic cases is being done.**

- **Record of each personnel's health is being kept in his personal health card and reviewed time to time.**
- **Yoga has been made a part of physical training to reduce the stress and anxiety among force personnel.**
- **Periodical workshops are conducted to sensitize medical officers, paramedical staff at unit level to identify such cases at earliest and initiate early intervention and treatment.**
- **Stress counseling of personnel is being carried out at all levels as well as at Border Out Posts(BOPs) through stress management and motivational lectures.**

Central Armed Police Forces are availing services of psychiatrist /clinical psychologist /counselors for regular counseling in liaison with other Government/Medical institutions.

(d) Total number of psychiatric doctors available in the forces are as under :

Force	Number of psychiatric doctor(s)
BSF	04
CRPF	03
ITBP	05
SSB	01
ARs	01

(e) Total number of psychiatric patients (force wise) during the last 3 years are as under:

Force	Total number of patients		
	2020	2021	2022
BSF	1073	1159	1327
CISF	289	244	472
CRPF	1470	1506	1882
ITBP	215	300	417
SSB	186	246	312
ARs	351	509	530
