

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA  
UNSTARRED QUESTION NO. 1382  
TO BE ANSWERED ON 1<sup>st</sup> August, 2023**

**RISING CASES OF DIABETES**

**1382. SHRI KAILASH SONI:**

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has taken cognizance of the more than 100 million cases of diabetics in the country as reported by the ICMR;
- (b) if so, the steps taken by Government to address the growing problem;
- (c) whether Government is planning to prepare a draft National Diabetes Prevention Program;
- (d) if so, the details thereof; and
- (e) if not, whether Government has other schemes to check the rising number of diabetes cases in the country?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE  
(PROF. SATYA PAL SINGH BAGHEL)**

(a) to (e); As per Indian Council of Medical Research – India Diabetes (ICMR INDIAB) study published in 2023, the prevalence of diabetes is 10.1 crores. The details are available at the following link [https://www.thelancet.com/journals/landia/article/PIIS2213-8587\(23\)00119-5/fulltext](https://www.thelancet.com/journals/landia/article/PIIS2213-8587(23)00119-5/fulltext).

The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. Diabetes is an integral part of the programme. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs). Under NP-NCD, 724 District NCD Clinics, 210 District Cardiac Care Units, 326 District Day Care Centres and 6110 Community Health Centre NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common Non-Communicable Diseases (NCDs) i.e., diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening for common NCDs.

Screening of these common NCDs is an integral part of service delivery under Ayushman Bharat – Health and Wellness Centres which generates awareness on risk factors of NCDs including diabetes.

Preventive aspect of diabetes is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre scheme, by promotion of wellness activities and targeted communication at the community level. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for Diabetes to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs). Other initiatives for increasing public awareness about Diabetes and for promotion of healthy lifestyle includes observation of World Diabetes Day and use of print, electronic and social media for continued community awareness.

Furthermore, healthy eating is promoted through FSSAI. Eat Right Initiative, Safe and Nutritious Food at Home and Aaj se thoda kum' awareness activities are also initiated. This initiative aims to promote both the demand for and the supply of safe and healthy food in a sustainable way. Fit India and Khleo India movements are implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH.

Diabetes patients are getting treatment at various health facilities in the health care delivery system including District Hospitals, Medical Colleges, Central Institutes like AIIMS, Central Government hospitals, and private sector hospitals. The treatment in Government Hospitals is either free or highly subsidized for the poor and needy.

Under NP-NCD, glucometer and drugs for diabetes are provided as per the proposals received from the states. Under Free Drugs Service Initiative of NHM, financial support is provided to States/UTs for provision of free essential medicines including insulin for poor and needy people. Furthermore, quality generic medicines including insulin are made available at affordable prices to all, under 'Pradhan Mantri Bhartiya Janaushadhi Pariyojana (PMBJP), in collaboration with the State Governments.

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