

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**RAJYA SABHA
UNSTARRED QUESTION NO-1291
TO BE ANSWERED ON 01.08.2023**

AWARENESS REGARDING YOGA

1291. SHRI DHANANJAY BHIMRAO MAHADIK:

Will the Minister of **AYUSH** be pleased to state:

- (a) whether the Ninth International Day of Yoga was celebrated in the country recently and if so, the details of the programme conducted thereunder;
- (b) the number of countries which participated in the programme for the promotion of yoga on International Yoga day;
- (c) whether the Government is considering to create awareness about yoga and exercise among the common people at the village level across the country along with provision of training and necessary infrastructure facilities for the same and if so, the details thereof; and
- (d) the steps taken by Government to become the world leader in yoga and traditional medicine/treatment?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a): Yes Sir, the ninth International Day of Yoga (IDY) was celebrated on 21st June, 2023 throughout the country in all states and districts. Various IDY related events were organized across the globe by multiple stakeholders. The main event of the International Day of Yoga was conducted at Jabalpur, Madhya Pradesh which was led by Hon'ble Vice President, Sh. Jagdeep Dhankhar. Details regarding the ninth International Day of Yoga celebrations are available on the Yoga Portal of the Ministry of Ayush (yoga.ayush.gov.in)

(b): As per the information received from the Indian Council for Cultural Relations (ICCR), 9th International Day of Yoga (IDY) was observed in 195 countries across the world.

(c): Since public health is a state subject, training and providing necessary infrastructure facilities for creating awareness about yoga and exercise comes under the purview of State/UT Governments. Ministry of Ayush is implementing the Centrally Sponsored Scheme namely the National Ayush Mission (NAM) through State/UT Governments for development & promotion of different Ayush systems in the country including Yoga and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per the NAM guidelines. Under National Ayush Mission (NAM), Ministry of Ayush is implementing the operationalization of 12,500

Ayush Health and Wellness Centers (HWCs) through State/UT Governments. At these Ayush HWCs, Yoga is being taught to the public for general health promotion as community-based intervention by qualified Yoga Instructors.

Also, the Ministry of Ayush promotes Yoga in the country through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. MDNIY provides various courses for Yoga Education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy, organizes various activities related to Naturopathy and Yoga.

(d): At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year.

Ministry of Ayush and the World Health Organization (WHO) had jointly undertaken a project, named, m-Yoga in the year 2019. This envisages the concept of the 'Be Healthy, Be Mobile' (BHBM) under the United Nations Sustainable Development Goals to achieve Universal Health Coverage by 2030. The m-Yoga mobile App was launched by Honorable Prime Minister of India on June 21, 2021 on the occasion of the International Day of Yoga-2021. Considering the need of Yoga enthusiasts worldwide, the Ministry has also developed the Yoga Break (Y-Break) mobile application. This app is especially designed for persons at work place so as to keep them fit and healthy with a view to increase productivity.

Further, Ministry of Ayush has developed a Central Sector Scheme for Promotion of International Co-operation in AYUSH (IC Scheme) under which the Ministry provides support to Indian Ayush Manufacturers/ Ayush Service providers to give boost to the export of AYUSH products & services, facilitate the International promotion, development and recognition of AYUSH system of medicine, foster interaction of stakeholders and market development of AYUSH at International level, promote academics and research through the establishment of AYUSH Academic Chairs in foreign countries and holding training workshops/ symposiums for promoting and strengthening awareness & interest about AYUSH Systems of Medicine at the International level.

Also, a WHO Global Centre for Traditional Medicine has been established in Jamnagar, Gujarat, India.
