

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 599
TO BE ANSWERED ON 07TH FEBRUARY, 2023**

TELE-MANAS SCHEME

599. SHRI BINOY VISWAM:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether Government has taken cognisance of the findings of the National Mental Health Survey conducted by NIMHANS, according to which 150 million Indians are in need of mental health services;
- (b) the budget allocated for mental health services under the Ministry out of the total budget since 2019, year-wise;
- (c) the number of registered practitioners and the number of calls seeking assistance received under the Tele-MANAS Scheme; and
- (d) the number of languages in which the Tele-MANAS Scheme is available and the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

- (a) The Government conducted the National Mental Health Survey (NMHS) of India through the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru in 2016 as per which the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorder range 70% to 92% for different disorders.
- (b) The budget allocated for mental health services under the Ministry, including allocation for National Mental Health Programme (NMHP), District Mental Health Programme (DMHP), National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam and Central Institute of Psychiatry (CIP), Ranchi, since 2019, year-wise is as follows:

Sr. No.	Year	Total Health Budget (Rs. in Crore)	Total Allocation for Mental Health (Rs. in Crore)
1	2019-20	62659.12	747.85
2	2020-21	65011.80	713.01
3	2021-22	71268.77	846.17
4	2022-23	83000.00	949.74

The Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. NIMHANS, Bengaluru is the National Apex Centre, co-ordinating activities of Tele MANAS across India. For the year 2022-23, a total of Rs. 120.98 crore has been allocated for National Tele-Mental Health Programme (NTMHP).

- (c) A total of 43,861 calls have been received upto 31.01.2023 across India under Tele-MANAS. The services under Tele-MANAS Programme are provided through 130 Mental Health Professionals, 173 DMHP personnel and 580 Tele-MANAS Counsellors.
- (d) At present, the Tele-MANAS services are available in 20 languages based on languages opted by states: Hindi, English, Kannada, Telugu, Tamil, Malayalam, Konkani, Marathi, Gujarati, Assamese, Bengali, Odia, Punjabi, Kashmiri, Bodo, Dogri, Urdu, Manipuri, Mizo and Rajasthani.
