

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**RAJYA SABHA
UNSTARRED QUESTION NO. 484
TO BE ANSWERED ON 7TH FEBRUARY, 2023**

OBESITY AND ANAEMIA AMONG CHILDREN

484 SHRI HARBHAJAN SINGH:

Will the Minister of **AYUSH** be pleased to state:

- (a) whether Government proposes a special programme, to prevent Obesity and Anaemia among children, with the use of ayurveda and homoeopathy in the country;
- (b) if so, the details thereof; and
- (c) if not, the reasons therefor?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a) to (b) Ministry of Ayush is the partner Ministry in the Poshan Abhiyaan (National Nutrition Mission) of Ministry of Women and Child Development. This Ministry, in order to provide technical guidance and support based on the Ayush principles of regional and seasonal variations in the body and considering the local preferences, has developed advisory for preferred food and dietary items to address Kuposhan Mukh Bharat, which includes general dietary advisory, advisory for pregnant women, lactating mothers, children, specific recommendations for anaemia in pregnancy and malnourished children which have been shared with Ministry of Women and Child Development. This has been circulated by Ministry of Women and Child Development to all States. The Government of India has approved “Saksham Anganwadi and Poshan 2.0”- an Integrated Nutrition Support Programme scheme of Ministry of Women and Child Development during the 15th Finance Commission period 2021-22 to 2025-26. “The common core” of Saksham Anganwadi and Poshan 2.0 is centered on maternal nutrition, infant and young child feeding norms, treatment protocols for Severe Acute Malnutrition / Moderate Acute Malnutrition and Wellness through Ayush practices to reduce wasting and underweight prevalence besides stunting and anaemia.

Research work is also being conducted at All India Institute of Ayurveda, New Delhi on Obesity (Malnutrition) and Anaemia in children. Institute of Teaching and Research in Ayurveda, Jamnagar, Gujarat is also constantly working on these two diseases for the research and community based programmes. Central Council for Research in Homoeopathy, New Delhi has undertaken a study on treatment of anaemia using homoeopathic medicines.

(c) Dose not arise.
