

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 3142
TO BE ANSWERED ON 28th MARCH, 2023**

HTN AND BP PATIENTS

3142. SHRI BHUBANESWAR KALITA:

Will the minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that more than 20 Crore people are effected with Hypertension (HTN) in the country and whether their BP is under control;
- (b) whether the Government is having target of 25 per cent relative reduction in raised BP by 2025;
- (c) the progress towards the achievement of this target: and the steps taken by Government to achieve the target?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) As per ICMR's National Non-Communicable Diseases Monitoring Survey (NNMS) (2017-18), the prevalence of hypertension among adults aged 18-69 years of age group is 28.5%.

(b) & (c): As per the National Health Policy (2017), the target for non-communicable diseases is to reduce premature mortality from cardiovascular diseases, cancer, diabetes or chronic respiratory diseases by 25% by 2025.

The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS). The programme includes the following,

- i. Strengthening infrastructure
- ii. Human resource development
- iii. Health promotion
- iv. Population Based Screening of 30 years and above population for common NCDs including hypertension under Ayushman Bharat Health Wellness Centre
- v. Early diagnosis and management
- vi. Referral to an appropriate level of healthcare facility

Under NPCDCS, 708 District NCD Clinics, 194 District Cardiac Care Units and 5671 Community Health Center NCD Clinics has been set up.

Awareness Generation for prevention & control of Hypertension has also been focused on following ways: -

1. Preventive aspect of Cancer is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre Scheme, by promotion of wellness activities and targeted communication at the community level.
2. Other initiatives for increasing public awareness by using print, electronic and social media about NCDs including Hypertension and for promotion of healthy lifestyle includes observation of World Hypertension Day.
3. Healthy Eating (includes Aaj se Thoda Kam for salt intake) is promoted through Food Safety and Standards Authority of India (FSSAI).
4. Fit India movement is implemented by Ministry of Youth Affairs and Sports.
5. Various Yoga related activities are carried out by Ministry of AYUSH.
