

GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS

RAJYA SABHA
UNSTARRED QUESTION NO. 2860
ANSWERED ON 24.03.2023

CHANGE IN FOOD MENU IN TRAIN

2860 # SHRI BRIJLAL:

Will the Minister of RAILWAYS be pleased to state:

- (a) whether Railways has changed /proposes to change the food menu for passengers in the new year and if so, the details thereof;
- (b) whether the Railway proposes to include more traditional and regional dishes, baby food for young children and other suitable dishes in the food menu as per the health requirement of the passengers; and
- (c) if so, the details thereof?

ANSWER

MINISTER OF RAILWAYS, COMMUNICATIONS AND
ELECTRONICS & INFORMATION TECHNOLOGY

(SHRI ASHWINI VAISHNAW)

(a) to (c) Yes, Sir. Indian Railways (IR) has taken initiatives to offer the items of regional cuisines /preferences, seasonal delicacies. IR has also introduced food items as per the preferences of different groups of passengers and health food options such as Jain Food, Diabetic Menu, Baby Food, etc. in trains over IR. The newly changed menu has been introduced in trains progressively w.e.f. 26th January, 2023.

Some of the highlights of menu revision are as under:

- Menu is designed without affecting the existing tariff.
- Inclusion of Regional food preferences such as Dalma, Gujarati Kathi Meeti Kadhi, Macher Jhol Fish Curry, Sambhar etc.
- Inclusion of Millet items such as Millet Laddoo, Millet Kachori, Millet Khichdi, Millet Dalia, Millet Biscuits, Ragi Idli, Ragi Dosa (Masala), Ragi Uttapam etc.
- Introduction of Diabetic & Jain menu.
- 2 Namkeen items have been reduced to 1 item and sandwich introduced in 2A/3A/CC Rajdhani/ Shatabdi/ Durgam trains.
- Introduction of seasonal dry veg.
- Introduction of jaggery powder and honey sachet as healthy options to sugar.
