

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 2343
TO BE ANSWERED ON 21st MARCH, 2023**

HEALTH CRISIS OF HEART ATTACK IN THE COUNTRY

2343. SHRI SANJAY RAUT:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the number of people died from Heart Attack since 2018, age-wise and State-wise;
- (b) whether number of people dying from heart attacks prematurely are increasing in the country and if so, whether Government has taken any cognizance of the same and initiatives in this regard;
- (c) whether any study or research has been done regarding the causes and remedy by Government, if so, the details thereof; and
- (d) the steps taken to provide awareness about silent heart attacks?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) to (d): According to the ICMR study Report “India: Health of the Nation's States”, heart diseases contributed 28.1% of the total deaths in India, in 2016 compared to 15.2% in 1990. The detailed report is available at the following link-

https://www.healthdata.org/sites/default/files/files/policy_report/2017/India_Health_of_the_Nation%27s_States_Report_2017.pdf

Cardiovascular Disease is a multifactorial disease, the risk factors of which, include ageing population, sedentary lifestyle, use of tobacco products, unhealthy diet and air pollution.

The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. Cardiovascular Disease is an integral part of NPCDCS. The programme focuses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the NCDs. Under NPCDCS, 708 District NCD Clinics, 194 District Cardiac Care Units, and 5671 Community Health Center NCD Clinics has been set up.

Preventive aspect of Cardiovascular Diseases is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre scheme, by promotion of wellness activities and targeted communication at the community level. Other initiatives for increasing public awareness about Cardiovascular Diseases and for promotion of healthy lifestyle includes observation of World Heart Day and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NPCDCS gives financial support under NHM for awareness generation (IEC) activities for Cardiovascular Diseases to be taken up by the States/UTs as per their Programme Implementation Plans (PIPs).
