

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**RAJYA SABHA
UNSTARRED QUESTION NO-2315
TO BE ANSWERED ON 21.03.2023**

EDUCATIONAL INSTITUTES FOR YOGA THERAPY

2315. DR. KIRODI LAL MEENA:

Will the Minister of **AYUSH** be pleased to state:

- a) the number of educational institutes for Yoga therapy across the country, State/UT-wise and the number of students graduated during the last three years and the current year;
- b) whether Government has finalized a standard curriculum for teaching Yoga therapy, and if so, the details thereof;
- c) whether Government proposes to establish new Yoga and Naturopathy Centres in the country;
- d) if so, the details thereof, State/UT-wise including Rajasthan, Madhya Pradesh and Haryana;
- e) the timelines under such a project from the beginning till the completion of operations; and
- f) the other steps taken/being taken by Government to boost Yoga and Naturopathy in the country?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a) & (b): Ministry of Ayush is not regulating Yoga Therapy Education in the country. Hence, the year-wise/ State-wise data regarding the number of educational institutes/ students graduated in Yoga Therapy is not maintained by the Ministry. However, as per information received from UGC, the details of Institutes offering courses related with Yoga Therapy is attached at Annexure-I and the number of students graduated in B.N.Y.S and B.Nat(Yogic Science)-Bachelor of Naturopathy and Yogic Science is as under:-

Programme	2016-17	2017-18	2018-19	2019-20
B.N.Y.S Bachelor of Naturopathy and Yogic Science	239	194	425	514
B.Nat(Yogic Science)-Bachelor of Naturopathy and Yogic Science	325	603	210	137
Total	564	797	635	651

Further, the Ministry of Ayush has not prepared any standard curriculum for teaching Yoga Therapy.

(c) to (e): Since public health is a State subject, setting up of new Yoga and Naturopathy Centres comes under the purview of State/ UT Governments. Under the aegis of National Institute of Naturopathy (NIN), an autonomous body under the Ministry of Ayush, an Educational Institute namely Nisarg Gram with 250 bed capacity for Yoga & Naturopathy has been established in Pune, Maharashtra. Also, under the Central Council for Research in Yoga & Naturopathy (CCRYN), an autonomous body under the Ministry of Ayush, two Central Research Institutes of Yoga and Naturopathy with 200 bedded Yoga and Naturopathy hospitals are established at Jhajjar, Haryana and Nagamangala, Karnataka.

(f): At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. IDY observation is focused on a Mass Yoga demonstration based on Common Yoga Protocol (CYP) which is publicly available on the Yoga Portal (yoga.ayush.gov.in). Ministry of Ayush promotes Yoga and Naturopathy through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. MDNIY provides various courses for Yoga Education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga. The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccr yn.gov.in and ninpune.ayush.gov.in respectively.

An Information Education and Communication (IEC) Scheme, has been devised by the Ministry, activities under which include steps to reach out to people to promote awareness about Ayush systems including Yoga & Naturopathy. Various activities like public events, conferences, exhibitions, camps & programs on TV, Radio, Print-media etc. are supported under the IEC Scheme.

Considering the need of Yoga enthusiasts worldwide, the Ministry has developed/upgraded various IT tools namely: Yoga Portal, Namaste Yoga App, Yoga Break (Y-Break) mobile application, and m-Yoga App, which was developed in association with the World Health Organization (WHO).

Also, Ministry is implementing the Centrally Sponsored Scheme of National Ayush Mission (NAM) through State/UT Governments for the development and promotion of different Ayush systems (including Yoga and Naturopathy) in the country including rural areas and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per NAM guidelines.

Also, the Ministry of Education had directed University Grants Commission (UGC) to promote Yoga courses in Universities and Colleges.

Details of Institutes offering courses related with Yoga Therapy

S.No.	Name of Institution	State	Name of Faculty	Name of Department	Level	Programme	Name of Discipline	Intake	Examination System
1	Annamalai University, Annamalai Nagar (Id: U-0443)	Tamil Nadu	Faculty of Education	Department of Education	PG Diploma	PG Diploma Post Graduate Diploma	Yoga Therapy	0	Annual
2	Barkatullah University, Bhopal (Id: U-0269)	Madhya Pradesh	FACULTY OF PHYSICAL EDUCATION	UTD OF YOGA	PG Diploma	PG Diploma-Post Graduate Diploma	YOGA THERAPY	40	Semester
3	Devi Ahilya Vishwavidyalaya, Indore (Id: U-0270)	Madhya Pradesh	ARTS		PG Diploma	PG Diploma-Post Graduate Diploma	Yoga Therapy	93	Semester
4	Guru Jambheshwar University of Science and Technology, Hissar (Id: U-0162)	Haryana	Faculty of Medical Sciences	Physiotherapy	PG Diploma	PG Diploma-Post Graduate Diploma	Yoga Science & Therapy	34	Semester
			Faculty of Medical Sciences	Physiotherapy	Post Graduate	M.Sc.-Master of Science	Yoga Science & Therapy	44	Semester
5	GURU KASHI UNIVERSITY (Id: U-0653)	Punjab	University College of Physical Education		PG Diploma	Post Graduate Diploma	Yoga Therapy	120	Semester
6	Maharaja Ganga Singh University, Bikaner (Id: U-0406)	Rajasthan	Faculty of Science	Center for Entrepreneur and Skill Management	Post Graduate	M.Sc.-Master of Science	Yoga studies & Therapy Management	20	Annual
7	Maharishi Dayanand Saraswati University, Ajmer (Id: U-0408)	Rajasthan	Vedic Studies	Department of Yogic Science and Human Consciousness	Post Graduate	M.A.-Master of Arts	Yoga Studies and Therapy Management	20	Semester
8	Rastriya Sanskrit Vidyapeeth, Tirupathi (Id: U-0030)	Andhra Pradesh	Faculty of Darsanas	Department of Sankhya Yoga	PG Diploma	PG Diploma-Post Graduate Diploma	Yoga Therapy and Stress Management	25	Annual
9	Swami Vivekananda Yoga Anusandhana Samsthan, Bangalore (Id: U-0243)	Karnataka	Swami Vivekananda Yoga Anusandhana Samsthan		Post Graduate	M.Sc.-Master of Science	Yoga Therapy	60	Semester
			Swami Vivekananda Yoga Anusandhana		Under Graduate	B.Sc.-Bachelor of Science	Yoga Therapy	60	Semester

			Samsthana						
10	Tamilnadu Physical Education and Sports University, Chennai (Id: U-0486)	Tamil Nadu	Faculty of Yoga and Allied Health Sciences	Department of Yoga	PG Diploma	PG Diploma-Post Graduate Diploma	Yoga Therapy	0	Annual
			Faculty of Yoga and Allied Health Sciences	Department of Yoga	Post Graduate	M.Sc.-Master of Science	Yoga Therapy	20	Semester
			Faculty of Yoga and Allied Health Sciences	Department of Yoga	Post Graduate	M.Sc.-Master of Science	Yoga Therapy	0	Annual
11	Govt. College of Yoga Education & Health, Sector-23 (Id: C-29420)	Chandigarh			PG Diploma	PG Diploma-Post Graduate Diploma	YOGA THERAPY	25	Semester
12	JAMSHEDPUR WOMENS COLLEGE (Id: C-43563)	Jharkhand			PG Diploma	PG Diploma-Post Graduate Diploma	Yoga therapy	25	Semester
13	Kamala College, Rajarampuri (Id: C-11163)	Maharashtra			PG Diploma	PG Diploma-Post Graduate Diploma	Yoga Therapy	20	Semester
14	MAHATMA GANDHI MEDICAL COLLEGE AND RESEARCH INSTITUTE (Id: C-47762)	Puducherry			M.Phil.	M.Phil.-Master of Philosophy	Yoga therapy	5	Semester
					PG Diploma	PG Diploma-Post Graduate Diploma	Yoga therapy	30	Annual

Source: AISHE Portal 2019-20