

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**RAJYA SABHA
UNSTARRED QUESTION NO. 1564
TO BE ANSWERED ON 14TH MARCH, 2023**

STATUS OF MENTAL HEALTH PROFESSIONALS AND RESOURCES

1564. SHRI MOHAMMED NADIMUL HAQUE:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the total number of psychologists, psychiatrists and counsellors in the country at present, State-wise;
- (b) the details of training initiatives of these mental health professionals taken by Government;
- (c) the total number of registered mental health patients in the country at present, State-wise; and
- (d) whether Government has taken any initiatives regarding treatment of mental health patients who can't afford psychologists, psychiatrists and necessary medicines, if any?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

- (a) The data regarding number of psychologists, psychiatrists and counsellors in the country at present, State-wise, is not maintained centrally. As per information provided by National Medical Commission (NMC), there are 13,08,009 allopathic doctors registered with the State Medical Councils and the National Medical Commission (NMC) as on June, 2022.
- (b) The Government is augmenting the availability of manpower to deliver mental healthcare services in the underserved areas of the country by providing online training courses to various categories of general healthcare medical and para medical professionals through the Digital Academies, since 2018, established at the three Central Mental Health Institutes namely National Institute of Mental Health and Neuro Sciences, Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health, Tezpur, Assam, and Central Institute of Psychiatry, Ranchi. The number of trained professionals under Digital Academy are as follows:

Sr. No.	Institute	No. of professionals trained
1	NIMHANS	16313
2	LGBRIMH	371

3	CIP	219
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The mental health services are available at three Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Central Institute of Psychiatry (CIP), Ranchi, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, All India Institute of Medical Sciences (AIIMS) and Medical Colleges.

- (c) The data regarding number of people who have sought treatment for mental health issues since 2019-20, State/UT-wise, is not maintained centrally. However, number of people seeking treatment for mental health issues in three Central Mental Health Institutions, viz. National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Central Institute of Psychiatry (CIP), Ranchi and Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur since 2019-20 is as under:

S.No.	Institute	OPD data			IPD data		
		2019-20	2020-21	2021-22	2019-20	2020-21	2021-22
1.	NIMHANS	189539	88036	238615	19490	10406	3181
2.	LGBRIMH	125564	59573	81472	1855	1016	1342
3.	CIP	98789	58601	97491	4892	2203	4332

- (d) For providing affordable and accessible mental healthcare facilities to the population, including the poor and underprivileged, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 716 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. Mental health services have been added in the package of services under Comprehensive Primary Health Care under Ayushman Bharat – HWC Scheme. Operational guidelines on Mental, Neurological, and Substance Use Disorders (MNS) at Health and Wellness Centres (HWC) have been released under the ambit of Ayushman Bharat.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 09.03.2023, 25 States/ UTs have set up 36 Tele MANAS Cells and have started mental health services. 63806 calls have been handled on the helpline number.
