### GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

## RAJYA SABHA UN-STARRED QUESTION NO.- 1550 TO BE ANSWERED ON 14<sup>th</sup> MARCH, 2023

#### **INCREASE IN ANAEMIA CASES**

#### 1550: DR RADHA MOHAN DAS AGRAWAL:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the percentage of iron and folic acid supplementation in various States of the country, and whether there has been an increase in cases of Anaemia among children, adolescent girls, pregnant women and lactating mothers; and
- (b) if so, the reasons for said increase despite the "Anemia Mukt Bharat" programme being run by the Union Government?

# ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (DR. BHARATI PRAVIN PAWAR)

(a) to (b)

The percentage of Iron and Folic Acid Supplementation at National level for children 6-59 month is 31.5 percent, children 5-9 years is 34.7 percent, adolescents (10-19 years) is 49.6 percent, pregnant women is 95 percent and for Lactating mothers is 62.1 percent as per HMIS 2022-23 upto Dec' 2022. The State and UT-wise details is attached at Annexure.

The prevalence of anaemia among children aged 6-59 months in the country as per the National Family Health Survey 5 (2019-21) is 67.1 percent and as per NFHS 4 (2015-16) is 58.6 percent; among pregnant women as per the National Family Health Survey 5 (2019-21) is 52.2 percent and as per NFHS 4 (2015-16) is 50.4 percent. The prevalence of anaemia among adolescents (women aged 15-19 years) as per the National Family Health Survey 5 (2019-21) is 59.1 percent and as per NFHS 4 (2015-16) is 54.1 percent and among all women age 15-49 years as per the National Family Health Survey 5 (2019-21) is 57 percent and as per NFHS 4 (2015-16) is 53.1 percent.

As per the WHO report on Global Prevalence of Anaemia 2011, approximately 50% of cases of anaemia are considered to be due to iron deficiency, but the proportion probably varies among population groups and in different areas, according to the local conditions. Other causes of anaemia include other micronutrient deficiencies (e.g. folate, riboflavin, vitamins A and B12), acute and chronic infections (e.g. malaria, cancer, tuberculosis and HIV), and inherited or acquired disorders that affect haemoglobin synthesis, red blood cell production or red blood cell survival (e.g. haemoglobinopathies).

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State/UT wise coverage of Iron and Folic Acid Supplementation across Age Groups Source: HMIS 2022-23 (up to December 2022)

| States            | Percentage of<br>children (6-59<br>months) provided 8-<br>10 doses (1ml) of<br>IFA syrup (Bi<br>weekly) | Percentage of<br>Children (6-9 yrs)<br>given 4-5 tablets at<br>AWC | Percentage of<br>adolescents (10-19<br>years) provided 4<br>IFA tablets at AWC | Percentage of PW<br>provided full Course<br>180 Iron Folic Acid<br>(IFA) tablets | Percentage of<br>mothers provided<br>full course of 180<br>IFA tablets after<br>delivery |
|-------------------|---|--|--|--|--|
| All India         | 31.5  | 34.7   | 49.6   | 95.0   | 62.1   |
| Tamil Nadu        | 71.1  | 95.0   | 95.0   | 95.0   | 95.0   |
| Telangana         | 92.6  | 83.5   | 82.2   | 95.0   | 80.4   |
| Andhra Pradesh    | 81.3  | 69.1   | 78.0   | 95.0   | 76.2   |
| Chhattisgarh      | 74.5  | 56.2   | 80.7   | 95.0   | 70.9   |
| Odisha            | 55.5  | 53.3   | 72.5   | 95.0   | 66.3   |
| Maharashtra       | 64.5  | 46.1   | 49.5   | 95.0   | 79.3   |
| Gujarat           | 22.4  | 68.4   | 57.2   | 95.0   | 90.2   |
| Haryana           | 77.3  | 15.4   | 92.8   | 90.1   | 56.2   |
| Madhya Pradesh    | 58.8  | 41.7   | 74.1   | 95.0   | 61.8   |
| Himachal Pradesh  | 34.2  | 55.0   | 52.9   | 83.4   | 59.9   |
| Goa               | 6.3   | 33.4   | 79.0   | 80.7   | 84.1   |
| Jharkhand         | 33.4  | 25.6   | 41.9   | 91.8   | 84.4   |
| Rajasthan         | 55.5  | 15.7   | 36.5   | 95.0   | 71.5   |
| Assam             | 30.3  | 33.5   | 40.2   | 95.0   | 74.6   |
| West Bengal       | 50.8  | 11.3   | 43.3   | 91.1   | 72.3   |
| Karnataka         | 8.4   | 41.0   | 42.9   | 95.0   | 80.7   |
| Punjab            | 19.0  | 30.8   | 68.6   | 75.5   | 55.1   |
| Uttarakhand       | 4.8   | 24.8   | 33.5   | 92.2   | 70.9   |
| Uttar Pradesh     | 0.7   | 25.9   | 50.8   | 95.0   | 42.0   |
| Tripura           | 11.8  | 44.2   | 29.6   | 85.7   | 35.4   |
| Sikkim            | 4.8   | 0.3  | 13.5   | 86.9   | 95.0   |
| Mizoram           | 0.5   | 12.1   | 38.9   | 77.4   | 25.3   |
| Bihar             | 3.5   | 8.7  | 15.5   | 80.0   | 42.5   |
| Kerala            | 6.4   | 0.3  | 3.2  | 95.0   | 44.0   |
| Arunachal Pradesh | 0.2   | 0.7  | 0.5  | 72.7   | 51.5   |
| Meghalaya         | 3.0   | 0.5  | 6.7  | 68.6   | 46.6   |
| Nagaland          | 0.1   | 3.7  | 10.3   | 61.6   | 35.1   |
| Manipur           | 0.4   | 20.0   | 16.2   | 34.6   | 12.6   |

| UTs               | Percentage of<br>children (6-59<br>months) provided 8-<br>10 doses (1ml) of<br>IFA syrup (Bi<br>weekly) | Percentage of<br>Children (6-9 yrs)<br>given 4-5 tablets at<br>AWC | Percentage of<br>adolescents (10-19<br>years) provided 4<br>IFA tablets at AWC | Percentage of PW<br>provided full Course<br>180 Iron Folic Acid<br>(IFA) tablets | Percentage of<br>mothers provided<br>full course of 180<br>IFA tablets after<br>delivery |
|-------------------|---|--|--|--|--|
| DNH & DD          | 59.3  | 73.0   | 65.4   | 93.7   | 46.8   |
| Chandigarh        | 1.1   | 10.2   | 87.6   | 95.0   | 95.0   |
| Puducherry        | 6.0   | 57.0   | 87.2   | 95.0   | 40.3   |
| Jammu and Kashmir | 21.7  | 66.4   | 42.3   | 91.3   | 58.0   |
| A & N Island      | 35.6  | 40.7   | 28.6   | 64.6   | 48.6   |
| Ladakh            | 5.8   | 1.7  | 10.7   | 95.0   | 58.1   |
| Delhi             | 7.3   | 4.4  | 27.9   | 82.0   | 38.3   |
| Lakshadweep       | 0.0   | 0.0  | 0.0  | 95.0   | 34.9   |