

**GOVERNMENT OF INDIA  
MINISTRY OF LABOUR AND EMPLOYMENT  
RAJYA SABHA  
UNSTARRED QUESTION NO. 107  
TO BE ANSWERED ON 02.02.2023**

**MENTAL HEALTH ISSUES OF INDIAN WORKERS**

**107. SHRI NIRANJAN BISHI:**

**Will the Minister of Labour and Employment be pleased to state:**

- (a) whether Government is aware of the data which states that 80 per cent of the Indian workforce is reported to have mental health issues;**
- (b) if so, whether any steps are being taken to remedy the said situation;**
- (c) if so, the details thereof and if not, the reasons therefor;**
- (d) whether Government is taking any steps towards de-stigmatization of mental health issues within workplaces; and**
- (e) if so, details thereof and if not, reasons therefor?**

**ANSWER**

**MINISTER OF STATE FOR LABOUR AND EMPLOYMENT  
(SHRI RAMESWAR TELI)**

**(a) to (e): The Government conducted the National Mental Health Survey (NMHS) through the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru in 2016. As per the survey, the prevalence of mental disorders in adults over the age of 18 years including workers is about 10.6%.**

**For providing affordable and accessible mental healthcare facilities, the Government is implementing the National Mental Health Programme (NMHP). The District Mental Health Programme (DMHP) component of NMHP has been sanctioned for implementation in 716 districts for which the support is provided to States/ UTs through National Health Mission. Facilities made under DMHP at Community Health Centre (CHC) and Primary Health Centre (PHC) levels, include**

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**outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. Besides, the Government has also launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country.**

**Through the observance of Mental Health Day, awareness is generated regarding mental health issues.**

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